



# Percutaneous Coronary Intervention in AAOCA

Dr Philippe DEGRELL





#### Introduction

- Anomalous aortic origin of coronary arteries (AAOCA) from the opposite sinus of Valsalva with interarterial course are at risk for sudden death and myocardial ischemia
- Prevalence:
  - Anomalous left coronary artery (ALCA): 0.03%
  - Anomalous right coronary artery (ARCA): 0.23%
- Increasingly recognized by cardiac imaging
- Debate regarding their management
- Emerging of PCI as a treatment option

#### Guidelines

2015

#### AHA/ACC Scientific Statement

Surgical procedures are the only therapies available for correcting these anomalies,<sup>50</sup> with return to intense athletic activities permitted after 3 months after the procedure with demonstration of the absence of ischemia on postoperative stress testing.<sup>51</sup>

2017

#### AATS EXPERT CONSENSUS GUIDELINES

Individuals with AAOCA and symptoms of ischemic chest pain or syncope suspected to be due to ventricular arrhythmias, or a history of aborted SCD, should be activity restricted and if deemed prohibitively high risk for surgery, catheter-based intervention may be considered. (Class IIb; Level of Evidence C)

No European Guidelines in this area so far ......

#### Six-Month Success of Intracoronary Stenting for Anomalous Coronary Arteries Associated With Myocardial Ischemia

Andrew J. Doorey, MD, Michael J. Pasquale, MD, James F. Lally, MD, Gary S. Mintz, MD, Erik Marshall, MD, and David A. Ramos, MD

- First series of PCI patients (n=14)
- Objective evidence of ischemia
- 9 ARCA with interarterial course
- 44-72 years old
- Bare-metal stents (BMS)
- No procedural complications
- Resolution of myocardial ischemia on stress testing at follow-up

#### Origin of the Right Coronary Artery from the Opposite Sinus of Valsalva in Adults: Characterization by Intravascular Ultrasonography at Baseline and After Stent Angioplasty

Paolo Angelini,<sup>1,2\*</sup> MD, Carlo Uribe,<sup>2</sup> MD, Jorge Monge,<sup>2</sup> MD, Jonathan M. Tobis,<sup>3</sup> MD, MacArthur A. Elayda,<sup>4</sup> MD, PhD, and James T. Willerson,<sup>1</sup> MD

- 42 patients with ARCA and interarterial intramural proximal course
- Mean age 48±12 years (12-73)
- IVUS-guided PCI
- Symptomatic, positive stress test, significant stenosis (IVUS surface reduction >50%)
- Successful PCI in all patients with 93% of drug-eluting stents (DES)
- Improved symptoms at one-year follow-up (30 patients)
- 13% restenosis rate at 5-year follow-up
- No AAOCA-related deaths during follow-up

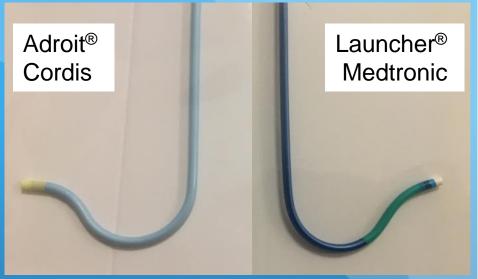
## PCI in surgically treated patients

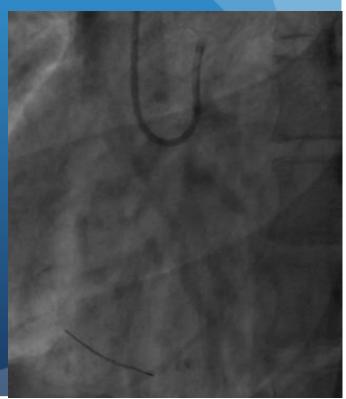
- Necker Hospital
- 31 patients between 2005 and 2017
- Mean age 14 years (4-66)
- 9 ALCA and 22 ARCA
- Coronary reimplantation / Ostioplasty
- No death
- 3 post-operative PCI (2 for acute ischemia, 1 for late ischemia)

# Technical aspects

- Difficult canulation
- No coaxiality because of tangential origin
- Less back-up support

- → Amplatz Left (AL) guiding catheter
- →0.014 guidewires to improve stability





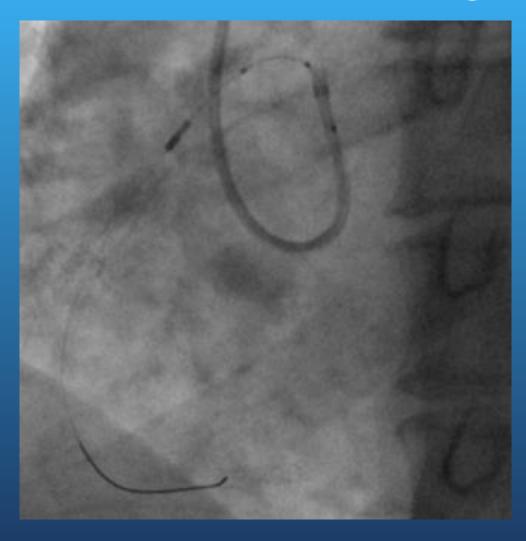
#### Rationale for PCI in AAOCA

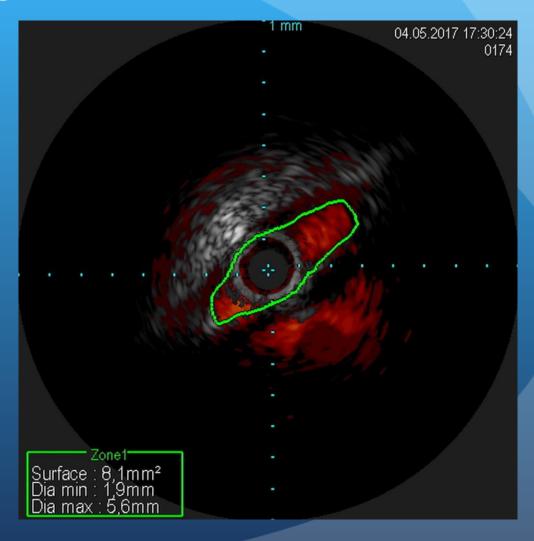
- Guidelines focused on young people
- No randomized controlled studies
- Lack of long-term data after surgical correction
- Possible failure (stenosis/aneurysm/thrombosis) after surgery
- Population with lower risk of sudden death (>30 year-old)
- Population with symptoms of ischemic chest pain (>50 year-old)

## ANOCOR stenting registry

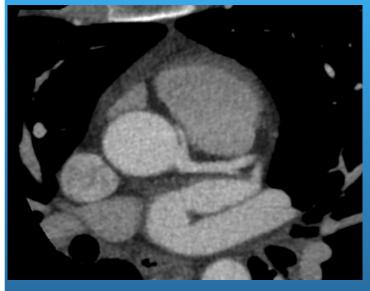
- ARCA with interarterial course with/without intramural pathway
- Age >30 years
- No history of aborten sudden death
- Angina and/or documented ischemia
- No significant associated CAD
- → selected population

# Intravascular imaging-guided

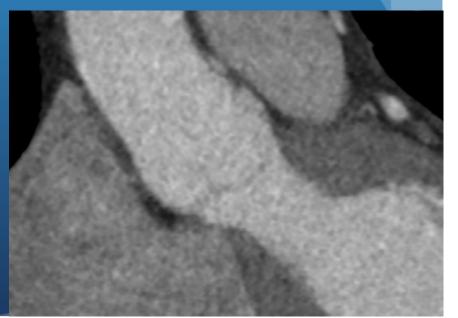


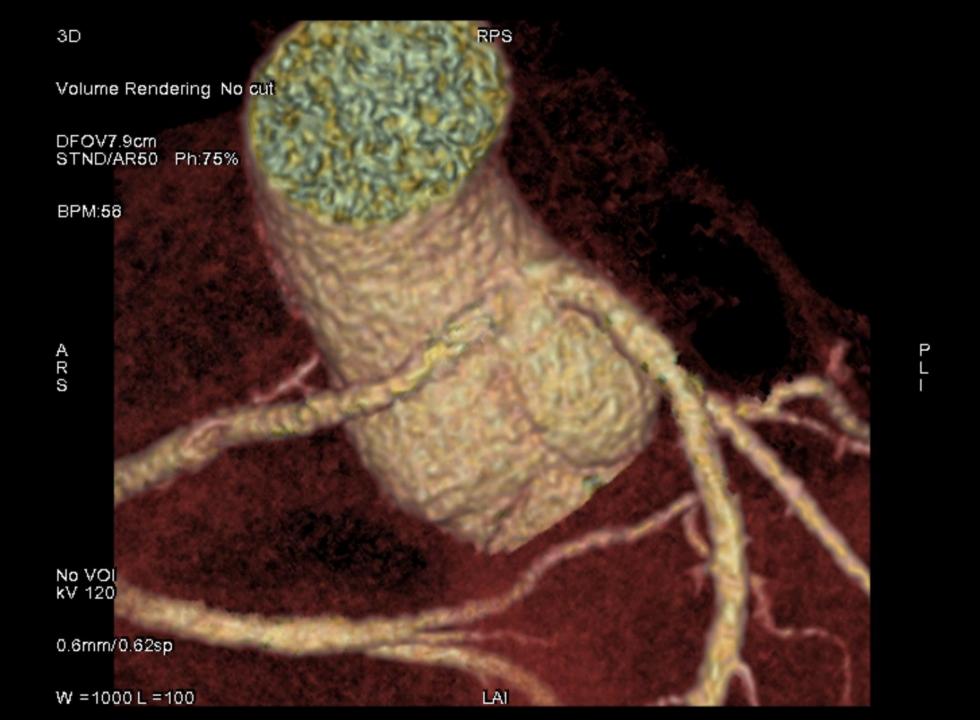


# CT scan

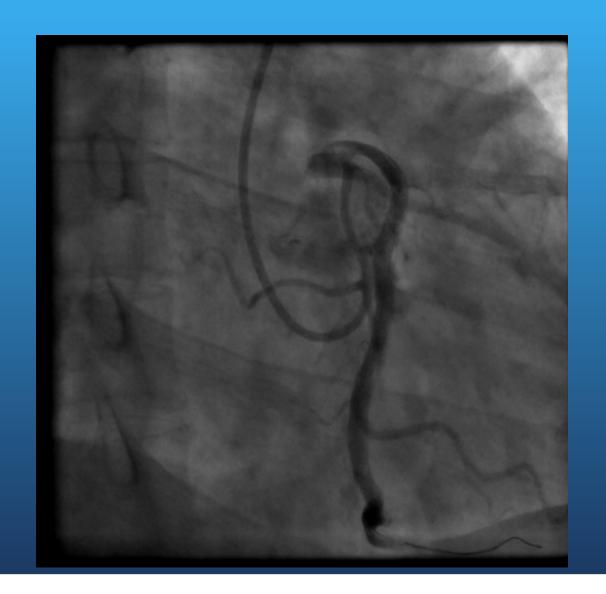


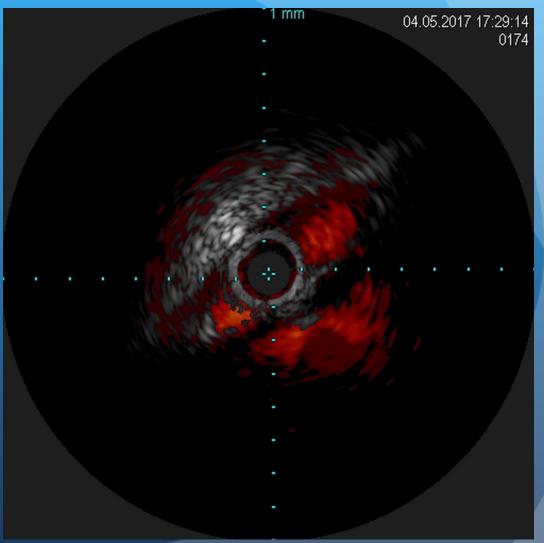


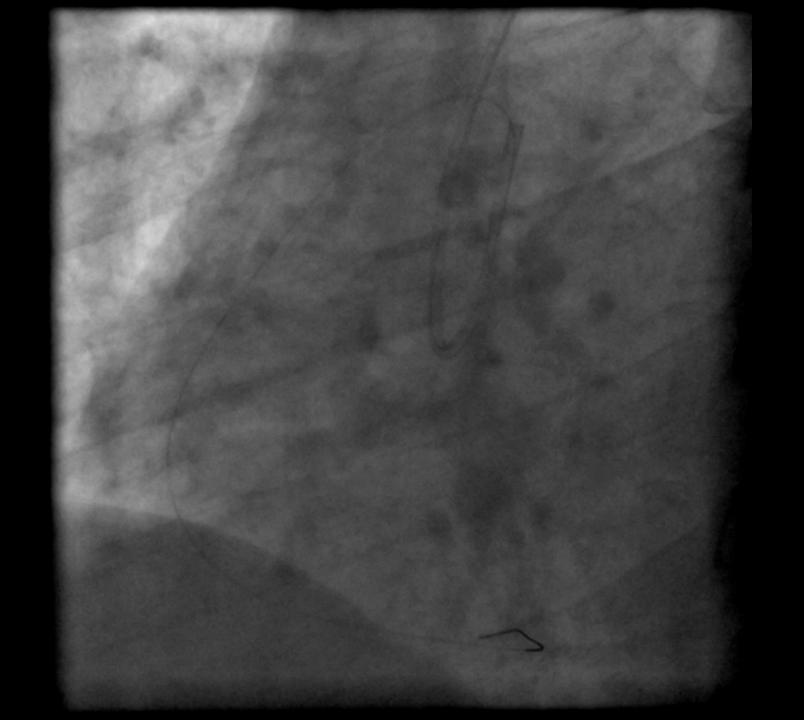




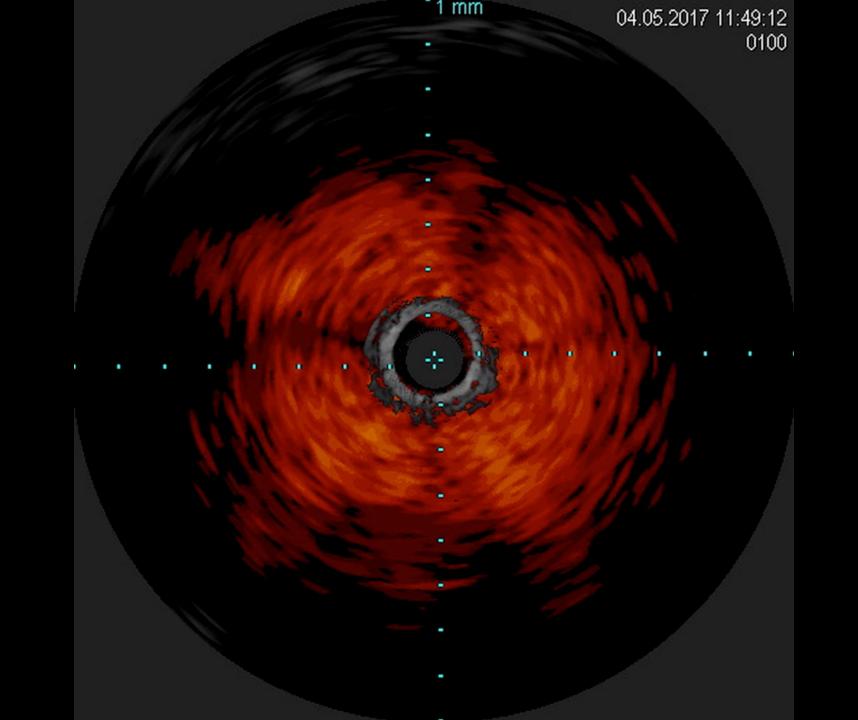
# Pre-PCI



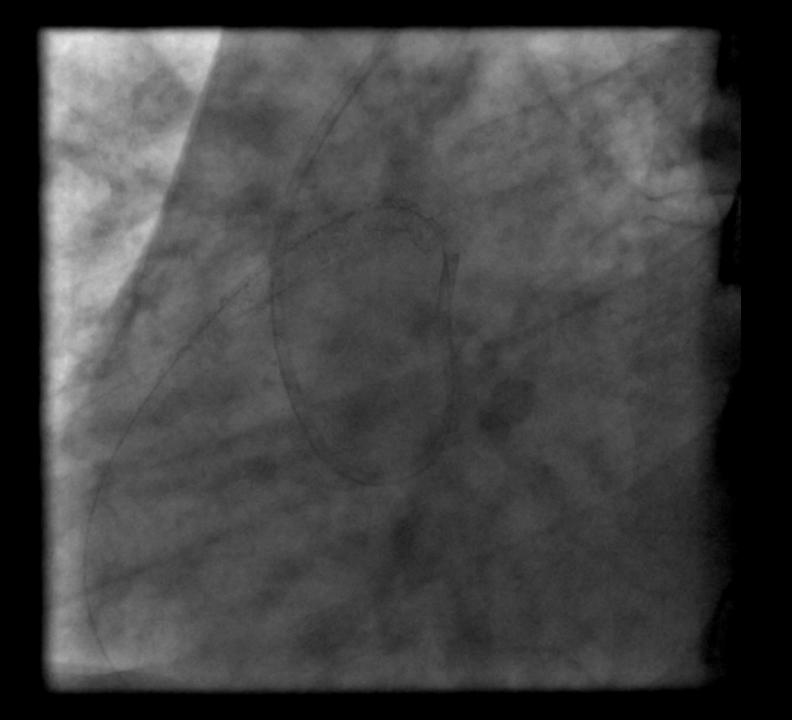


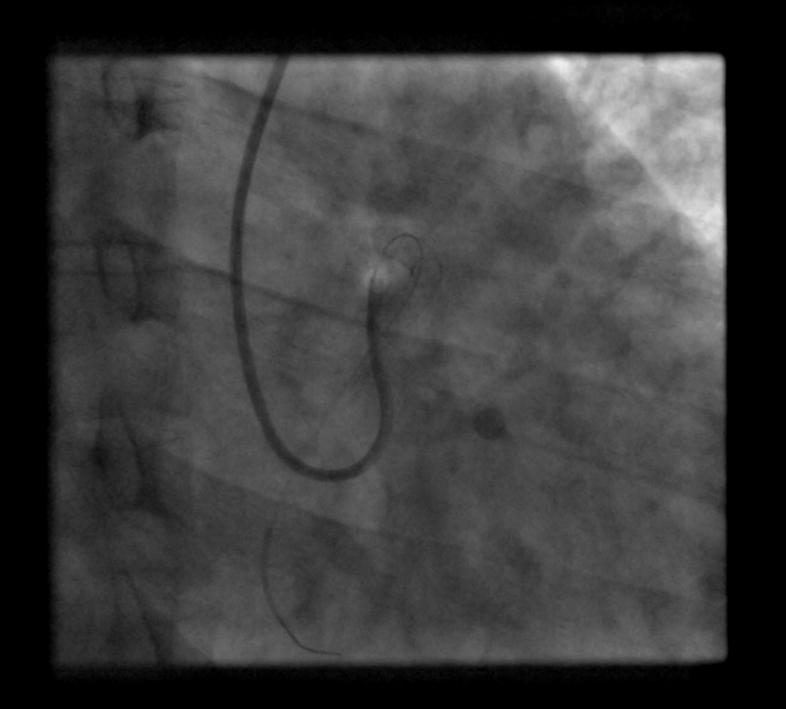


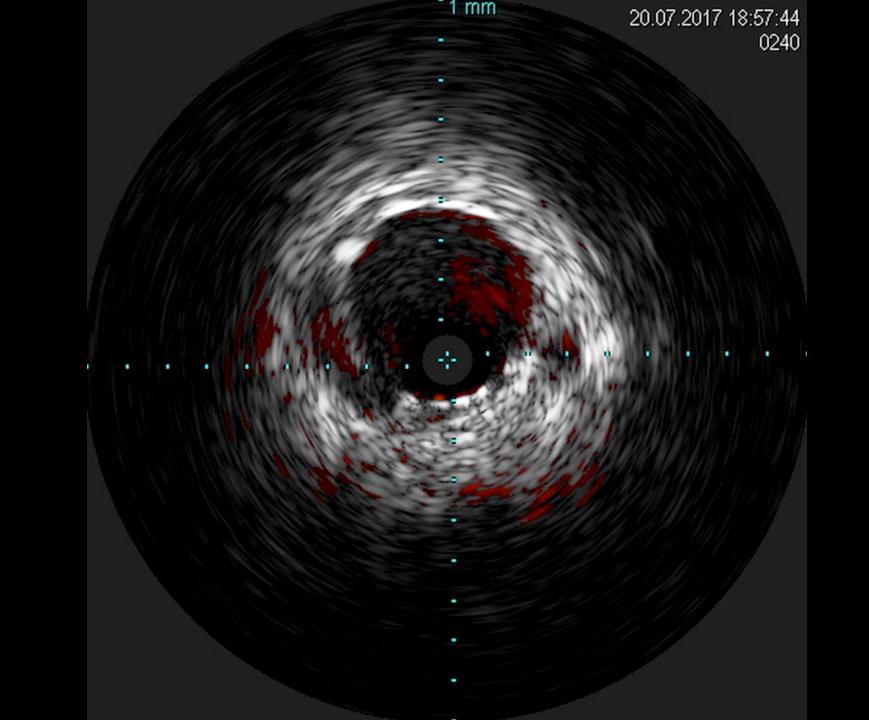




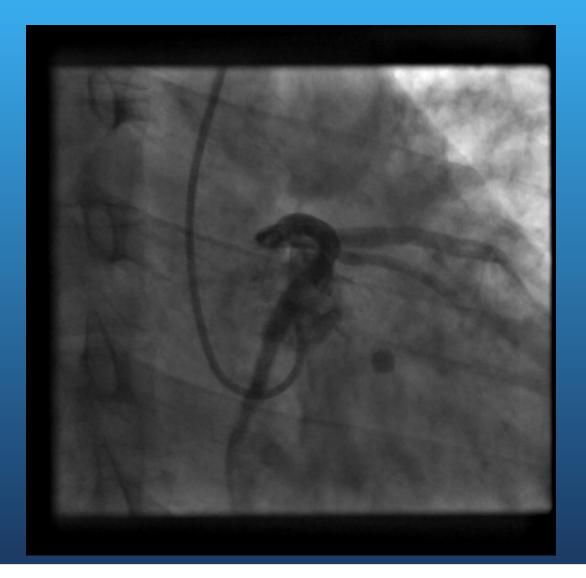


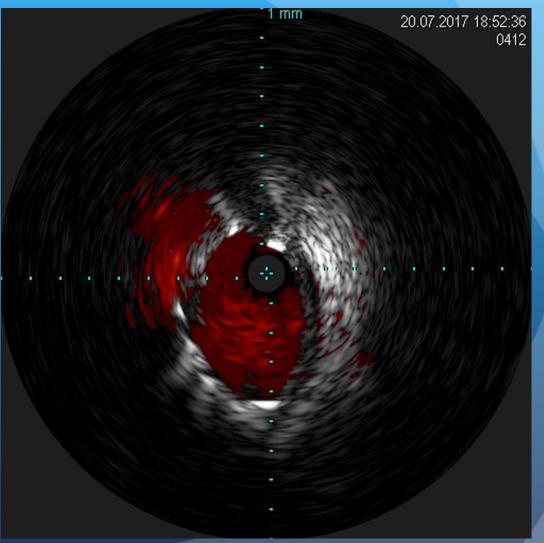




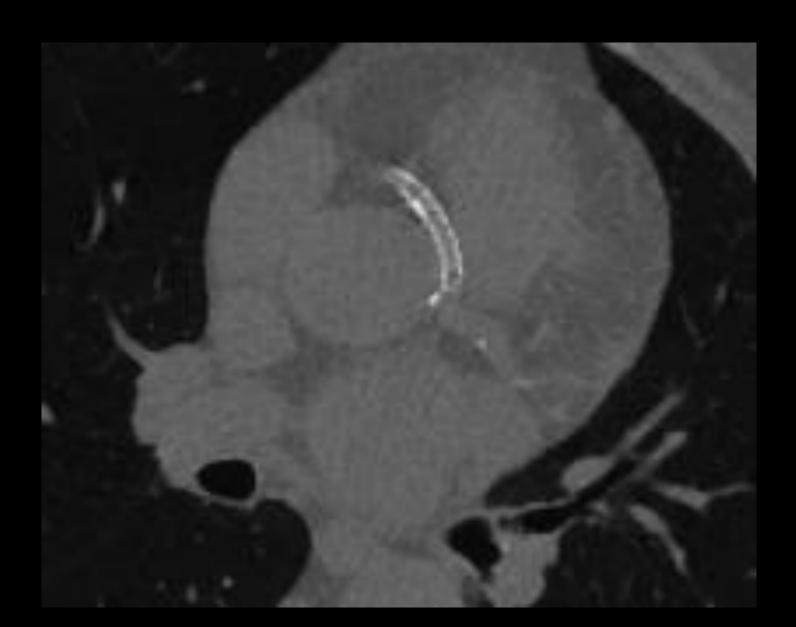


# Post-PCI





# CT scan - 6 months



## Baseline characteristics

	N=11
Mean age (years)	54 (35-81)
Presentation	
ACS (%)	2 (18)
Stable angina (%)	6 (55)
Silent ischemia (%)	2 (18)
Syncope (%)	1 (9)
Intramural segment (%)	6 (55)

## Results

	N=11
Successful stenting (%)	11 (100)
DES use (%)	10 (91)
Mean fluoroscopic time (min)	18
IVUS/OCT guidance (%)	8 (73)
Mean troponin (microg/L) at day 1	0.58
Periprocedural complications (%)	0 (0)
MACE at 6-month follow-up (%)	0 (0)

### Conclusion

- Preaortic segment stenting of ARCA with interarterial course appears feasible and safe in this preliminary experience
- A longer follow-up and a more important population are needed to know whether this technique is suitable for a next therapeutic algorithm