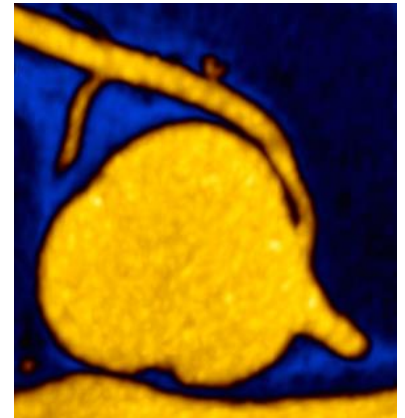


November 2017
Seoul, Korea

anomalous connection of the right coronary artery with interarterial course



Pierre Aubry on behalf of the ANOCOR Group

Bichat Hospital
Paris
France



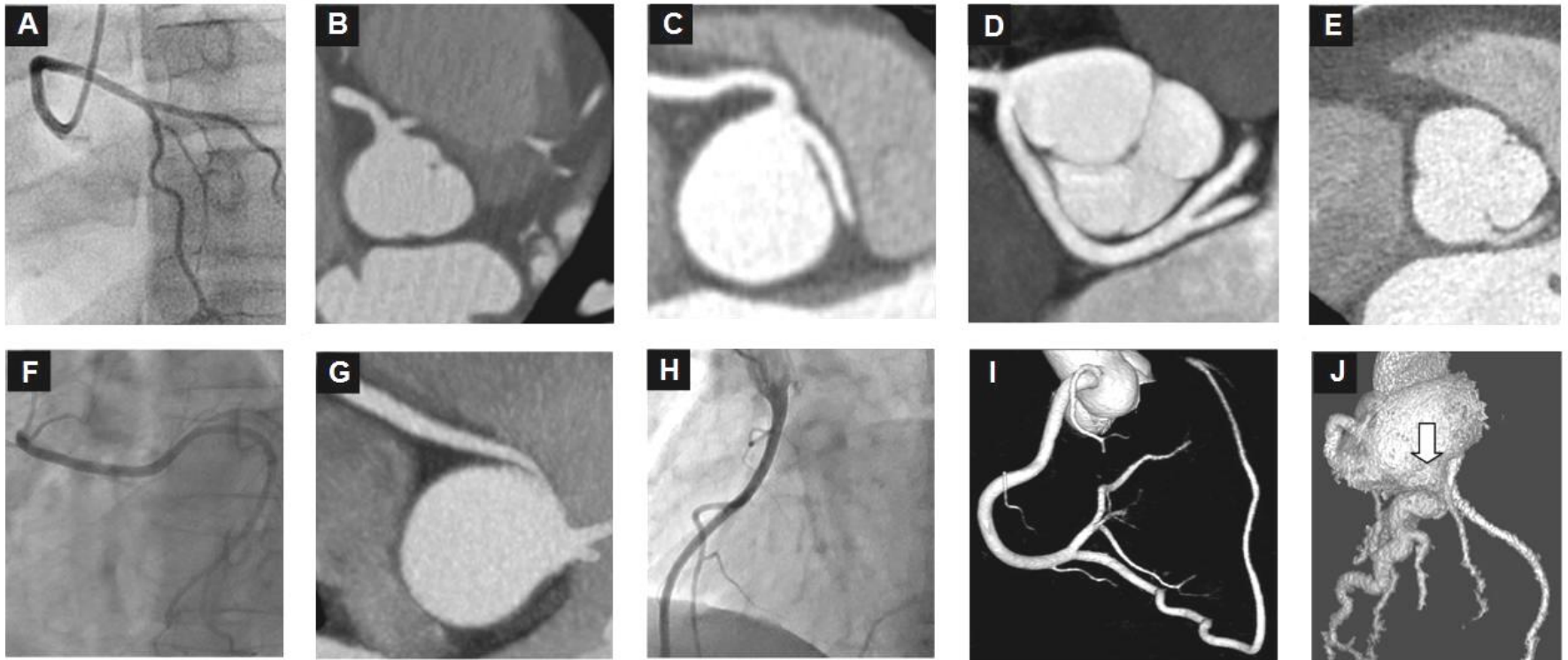
CHORUS SEOUL

November 2017
Seoul, Korea

Conflict of interest: nothing to report

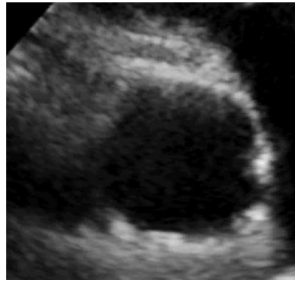
Anomalous connections of coronary arteries

Wide spectrum of anomalous connections

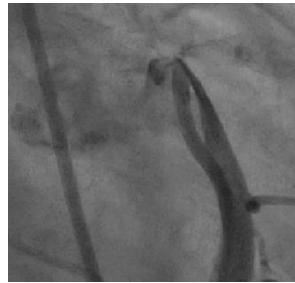


Anomalous connections of coronary arteries

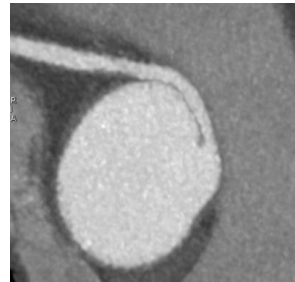
Prevalence with cardiovascular imaging



- Echocardiography 0.2/100



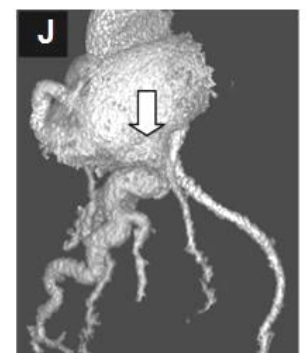
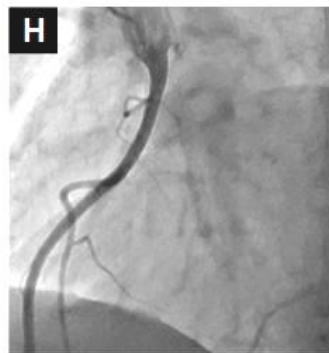
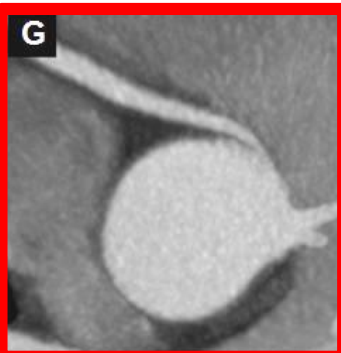
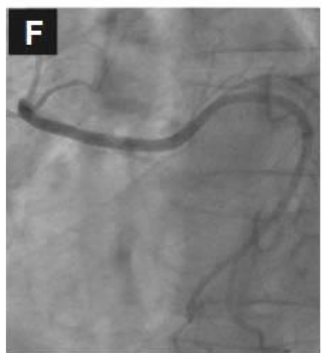
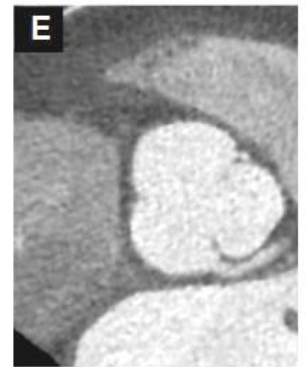
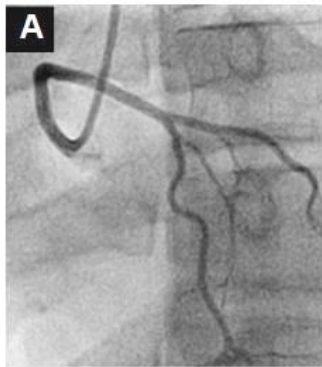
- Selective angiography 0.8/100



- CT scan angiography 1.2/100

anomalous connection of the RCA with interarterial course

Wide spectrum of anomalous connections



- n=472 patients
- n=496 abnormalities
- recruitment : 01/2010-01/2013
- 71 French investigators

Coordination



Grant



Groupe Athérome et Cardiologie Interventionnelle
de la Société Française de Cardiologie



anomalous connection of the RCA with interarterial course

- Not rare congenital anomaly
- Interarterial course in most of cases
- Very low risk of sudden death in youngs
- Possible ischemia/symptoms in adults
- Management remains debated
- Screening policy in athletes

anomalous connection of the RCA with interarterial course

PREVALENCE IN SELECTED POPULATION

TABLE 1 Demographic and angiographic characteristics of the ANOCOR cohort

Parameters	
Number of subjects, n	472
Mean age, y (SD)	63 (13)
Gender male, %	76.2
Invasive CA alone, n (%)	297 (62.9)
Computed tomography CA alone, n (%)	20 (4.3)
Invasive + computed tomography CA, n (%)	155 (32.8)
Total number of anomalous connections	496
Type of artery	
Left main, n (%)	60 (12.1)
Left anterior descending, n (%)	27 (5.4)
Circumflex, n (%)	235 (47.4)
Right, n (%)	165 (33.3)
Other, n (%)	9 (1.8)

anomalous connection of the RCA with interarterial course

PREVALENCE IN YOUNG POPULATION

MRI-based study

n = 5.255

middle school children (mean age 13 years)
2010-2017

L-ACAOS = 2

R-ACAOS = 17

Total ACAOS = 19

Prevalence L-ACAOS = 0.04%

Prevalence R-ACAOS = 0.32% \approx 3/1000

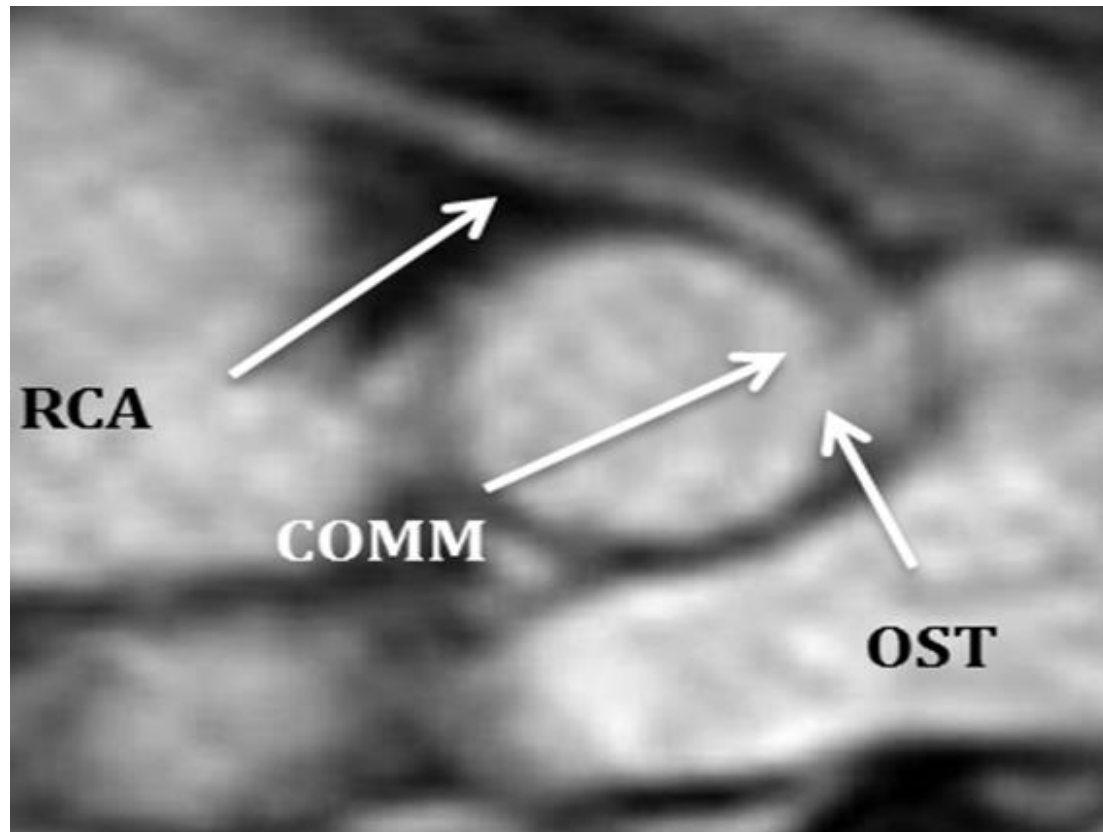
Total prevalence ACAOS = 0.35% \approx 4/1000



MRI-based study

n = 5.255

middle school children (mean age 13 years)
2010-2017



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CARDIOLOGY

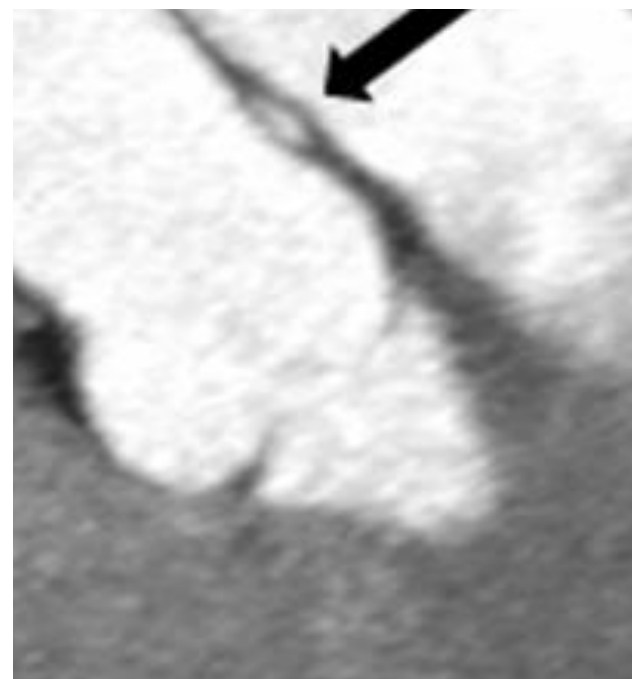
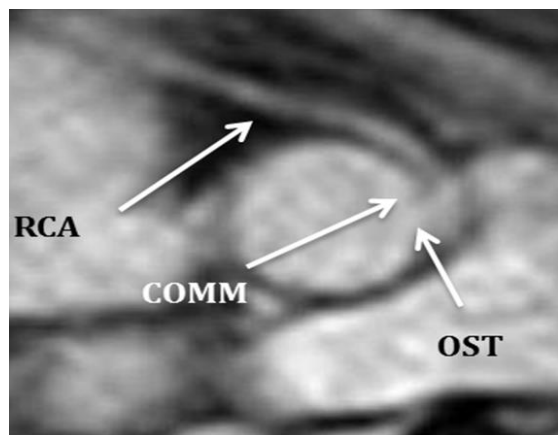
Angelini P. ACC sessions 2017

MRI-based study

n = 5.255

middle school children (mean age 13 years)

2010-2017



AMERICAN
COLLEGE of
CARDIOLOGY

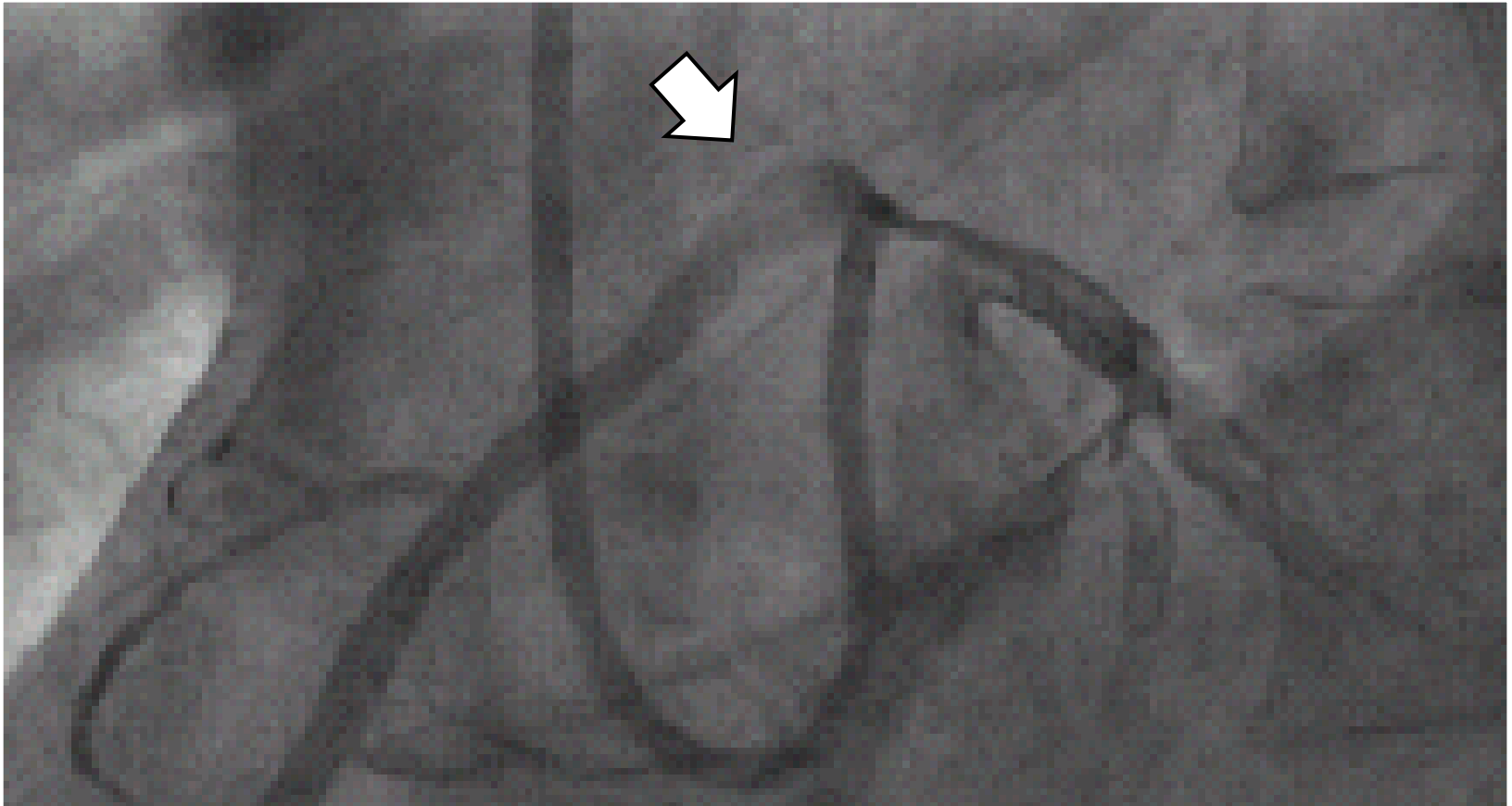
Angelini P. ACC sessions 2017

CHD with risk of sudden cardiac death (estimation)

CONGENITAL HEART DISEASE	PREVALENCE cases per 100 000
Anomalous connections of coronary arteries	350 (0.35%)
Hypertrophic cardiomyopathy	200 (0.20%)
Wolf-Parkinson-White syndrome	150 (0.15%)
Long QT syndrome	50 (0.05%)
Idiopathic dilated cardiomyopathy	40 (0.04%)
Arrhythmogenic right ventricular cardiomyopathy	40 (0.04%)
Brugada syndrome	20 (0.02%)
Catecholaminergic polymorphic ventricular tachycardia	10 (0.01%)

anomalous connection of the RCA with interarterial course

anomalous connection of the right coronary artery



CHD with risk of sudden cardiac death (estimation)

CONGENITAL HEART DISEASE	PREVALENCE cases per 100 000
Anomalous connection of right coronary artery	300 (0.30%)
Hypertrophic cardiomyopathy	200 (0.20%)
Wolf-Parkinson-White syndrome	150 (0.15%)
Long QT syndrome	50 (0.05%)
Anomalous connection of left coronary artery	40 (0.04%)
Idiopathic dilated cardiomyopathy	40 (0.04%)
Arrhythmogenic right ventricular cardiomyopathy	40 (0.04%)
Brugada syndrome	20 (0.02%)
Catecholaminergic polymorphic ventricular tachycardia	10 (0.01%)

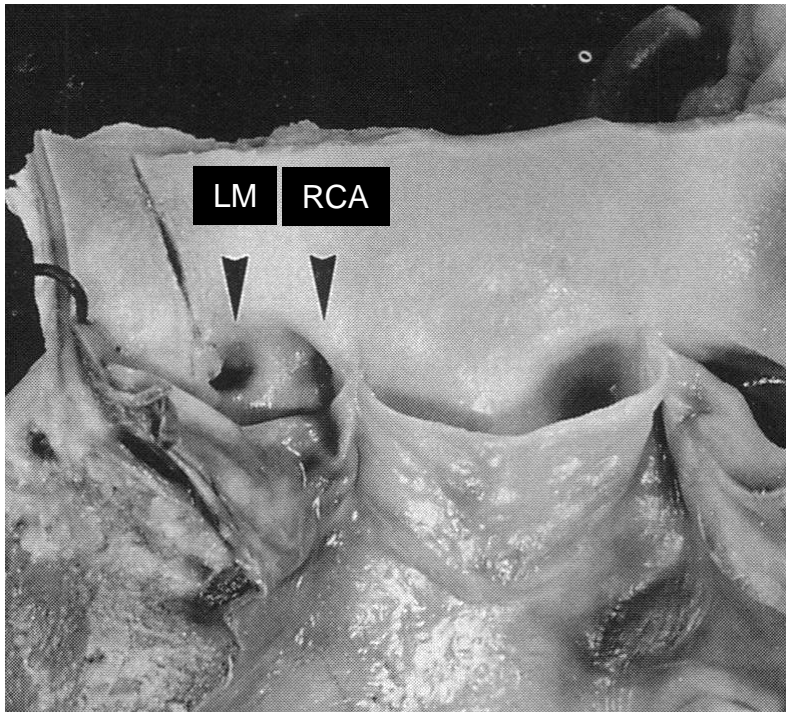
anomalous connection of the RCA with interarterial course

RISK OF SUDDEN CARDIAC DEATH

anomalous connection of the RCA with interarterial course

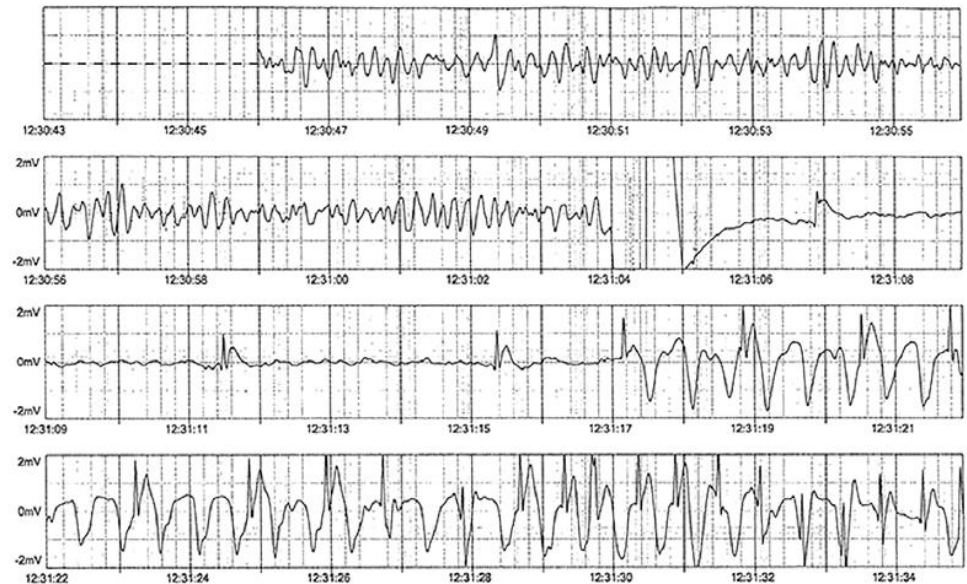
Risk of sudden cardiac death

sudden cardiac death



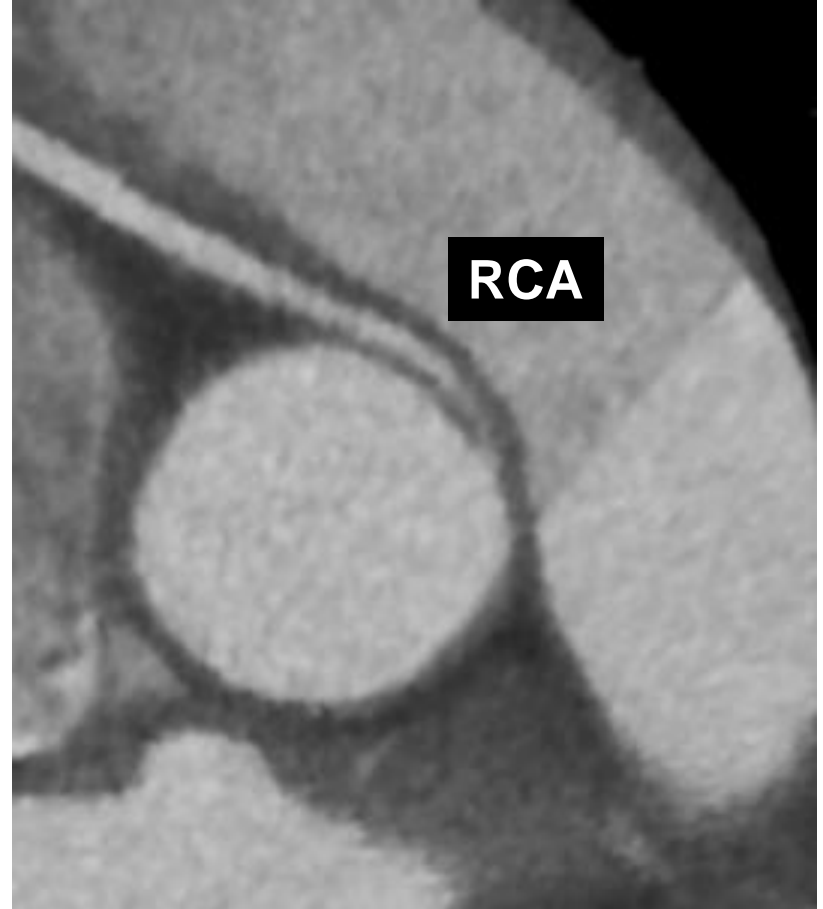
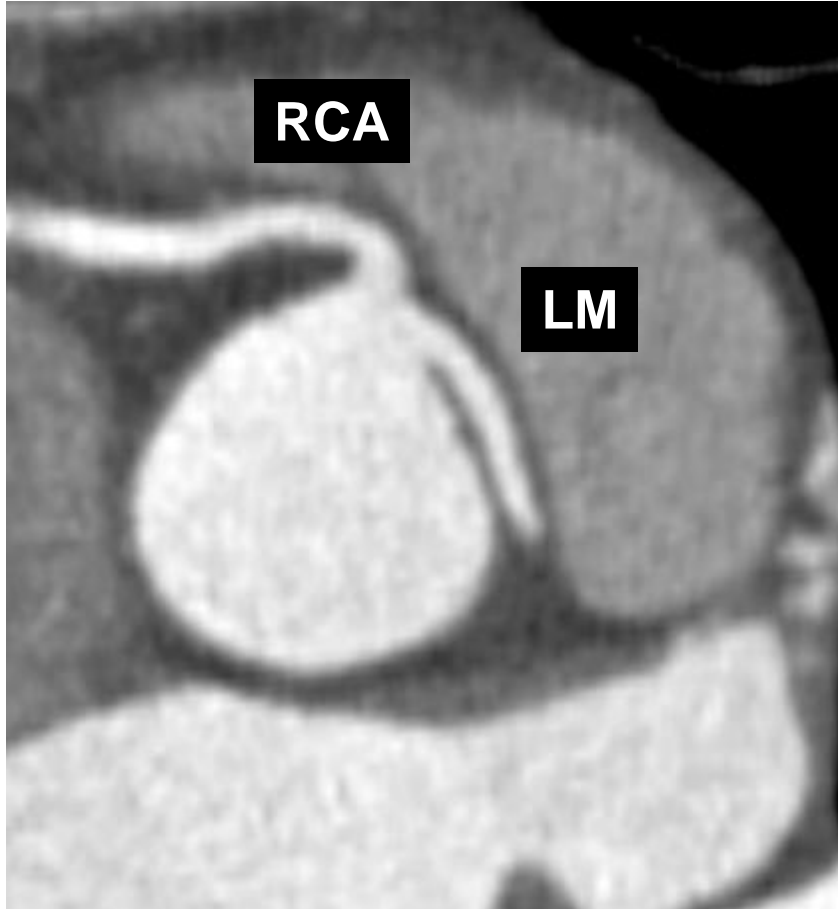
Carrado D. Br Heart J 1992

aborted cardiac arrest



Shimizu T. Intern Med 2014

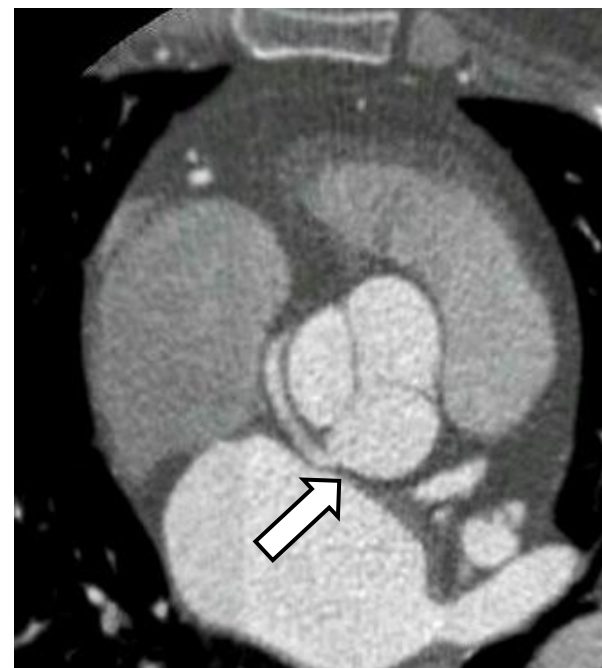
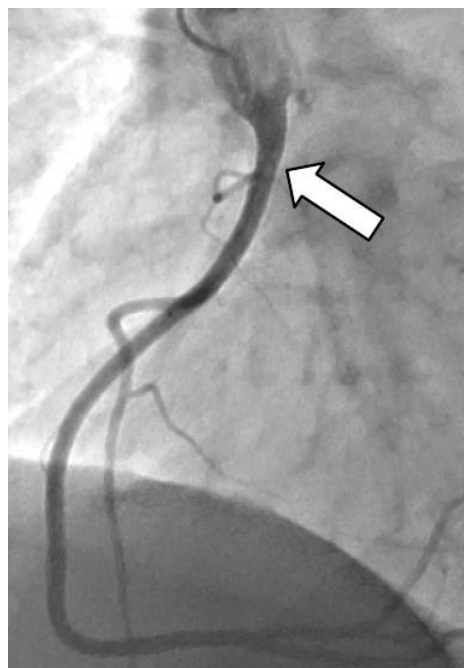
Anatomic features with risk of SCD



anomalous connection from the opposite sinus
with interarterial course



Anomalous connection of RCA	165
Interarterial course	148 (90%)
Other courses	17 (10%)



Risk of sudden cardiac death in athletes

- 12-35 years athletic population
- follow-up period of 26 years
- 2.938.270 person-years of observation
- 55 deaths
- 91% during sports activity

- 1.9 deaths/100.000 person-years
- 0.48 deaths/100.000 person-years (cardiomyopathy)
- 0.24 deaths/100.000 person-years (coronary anomaly)

Sudden cardiac death and ACAOS

annual risk of sudden cardiac death (estimation*)

L-ACAOS

0.1%

R-ACAOS

0.005%

total annual incidence = 0.2%

* general population

CHD with risk of sudden cardiac death (estimation)

CONGENITAL HEART DISEASE	SCD cases per 100 000 / year
Catecholaminergic polymorphic ventricular tachycardia	1500
Hypertrophic cardiomyopathy	1000-2000
Brugada syndrome	1000
Long QT syndrome	500-1000
Idiopathic dilated cardiomyopathy	500-1000
Arrhythmogenic right ventricular cardiomyopathy	500-1000
Wolf-Parkinson-White syndrome	100
Anomalous connection of left coronary artery	100
Anomalous connection of right coronary artery	5

Sudden cardiac death and ACAOS

annual risk of sudden cardiac death (estimation*)

L-ACAOS

0.3%

R-ACAOS

0.01%

* population with ages 12-35 years
Brothers J. J Thorac Cardiovasc Sur 2010



Registry

12 aborted SCD (2.5%)

2 ACAOS-related SCD (0.4%)

number	age	artery	connection	course	significant CAD
1	50	Cx	contralateral artery	retroaortic	present
2	75	Cx	contralateral artery	retroaortic	present
3	72	Cx	contralateral artery	retroaortic	present
4	16	LM	pulmonary artery	normal	absent
5	53	Cx	contralateral artery	retroaortic	present
6	48	Cx	contralateral artery	retroaortic	absent
7	57	CX	contralateral artery	retroaortic	present
8	60	RCA	ascending aorta	preaortic	present
9	31	RCA	contralateral sinus	preaortic	absent
10	60	RCA	contralateral sinus	preaortic	present
11	30	RCA	contralateral sinus	preaortic	absent
12	44	CX	contralateral sinus	retroaortic	absent

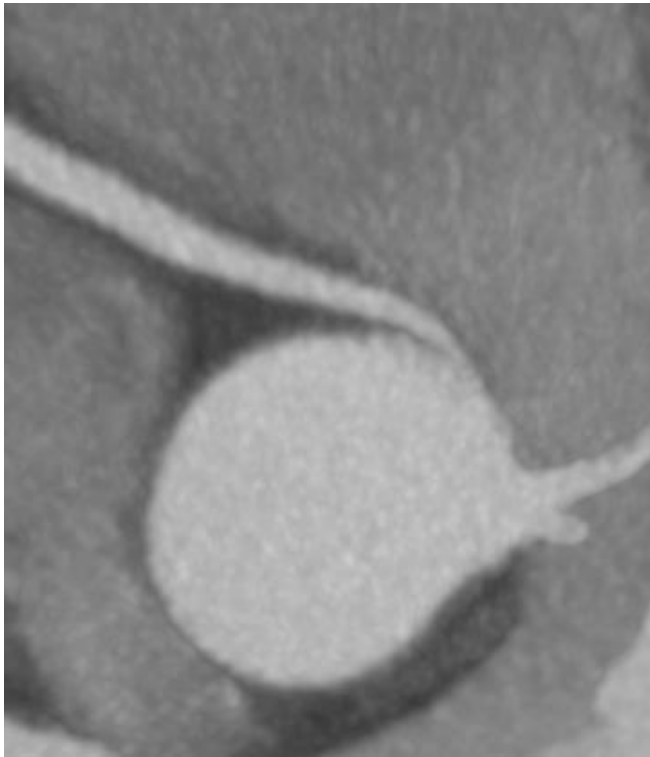
anomalous connection of the RCA with interarterial course

mechanism(s) of ventricular fibrillation

The exact mechanism of sudden cardiac death
associated with
anomalous connection of coronary artery **is not known**

anomalous connection of the RCA with interarterial course

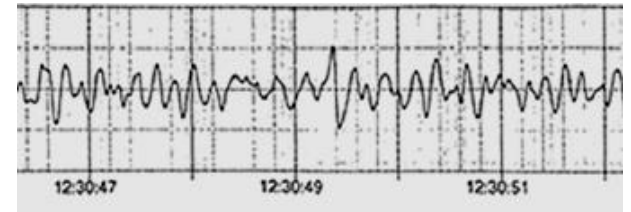
mechanism(s) of ventricular fibrillation



?



24/07/2012
12.28 AM

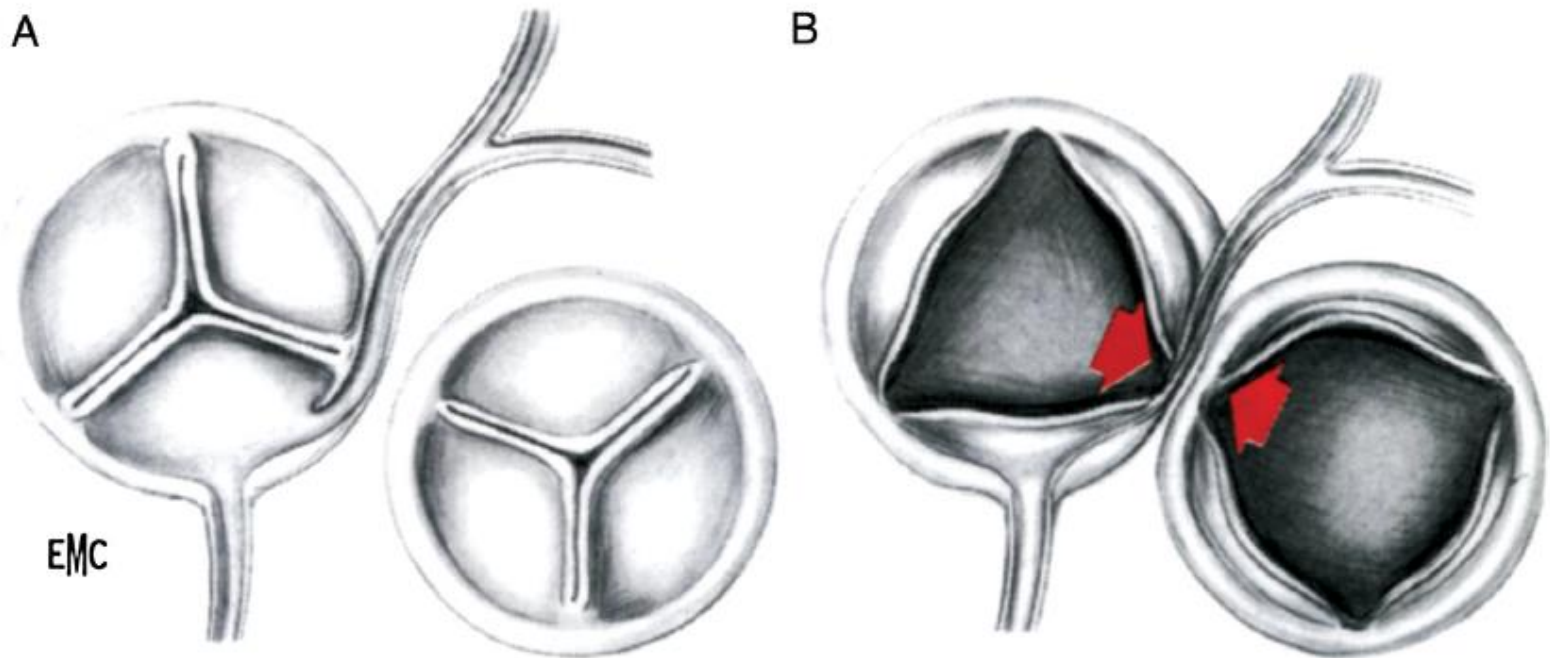


mechanism(s) of the ventricular fibrillation

- myocardial ischemia
- limitation of coronary reserve
- myocardial fibrosis area
- abnormal arrhythmic response to ischemia
- hypotension post exercise
- combination of mechanisms
- fortuitous association
- ...

anomalous connection of the RCA with interarterial course

Exertional dynamic compression



Raisky O, Vouhé P. EMC 2007

Never demonstrated

2015 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death

The Task Force for the Management of Patients with Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death of the European Society of Cardiology (ESC)

Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC)

Anomalous connections of coronary arteries : **not mentioned**

2017 AHA/ACC/HRS Guideline for Management of Patients With Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death: Executive Summary

A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society

4.3. Surgery and Revascularization Procedures in Patients With Ischemic Heart Disease

Recommendations for Surgery and Revascularization Procedures in Patients With Ischemic Heart Disease

References that support the recommendations are summarized in Online Data Supplement 11.

COR	LOE	Recommendations
I	B-NR	1. Patients with sustained VA and survivors of SCA should be evaluated for ischemic heart disease, and should be revascularized as appropriate (1-4).
I	C-EO	2. <u>In patients with anomalous origin of a coronary artery suspected to be the cause of SCA, repair or revascularization is recommended.</u>

Al-Khatib SM, et al.

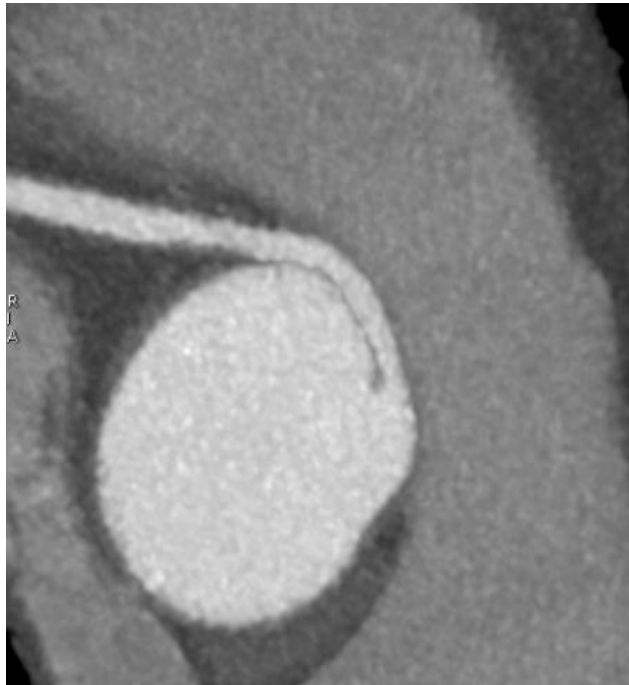
(*Circulation*. 2017;000:e000–e000. DOI: 10.1161/CIR.000000000000548.)

anomalous connection of the RCA with interarterial course

ISCHEMIA/SYMPTOMS

possible in patients >35 year-old

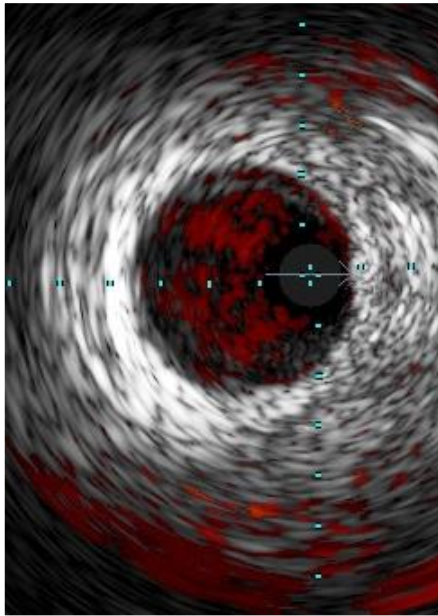
anomalous connection of the RCA with interarterial course



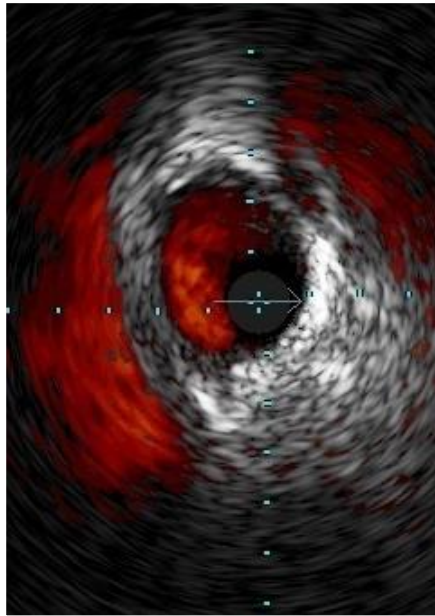
anomalous connection of the RCA with interarterial course

IVUS evaluation of R-ACAOS

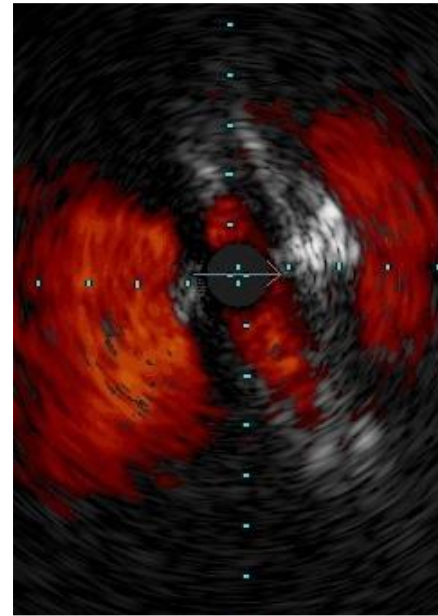
extramural



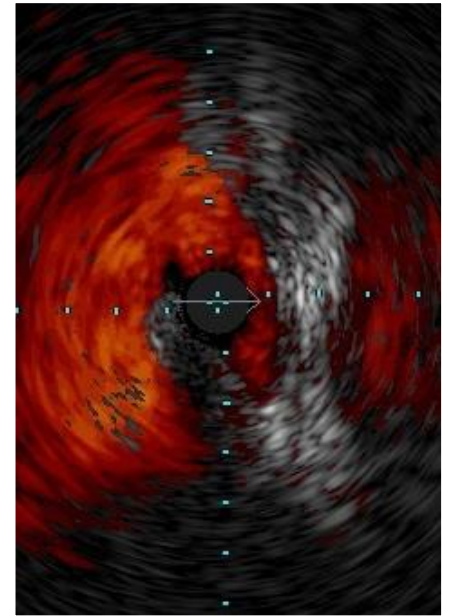
juxtamural



intramural



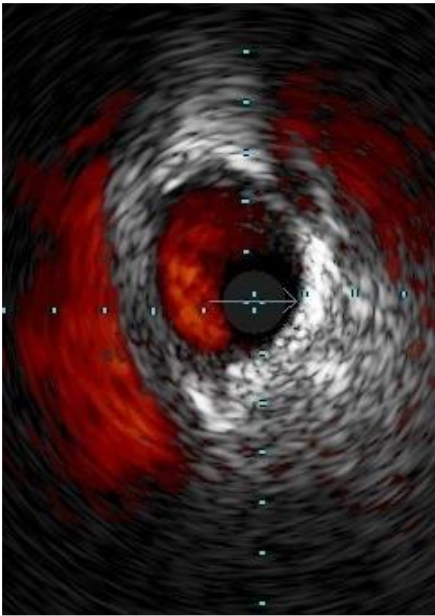
ostium



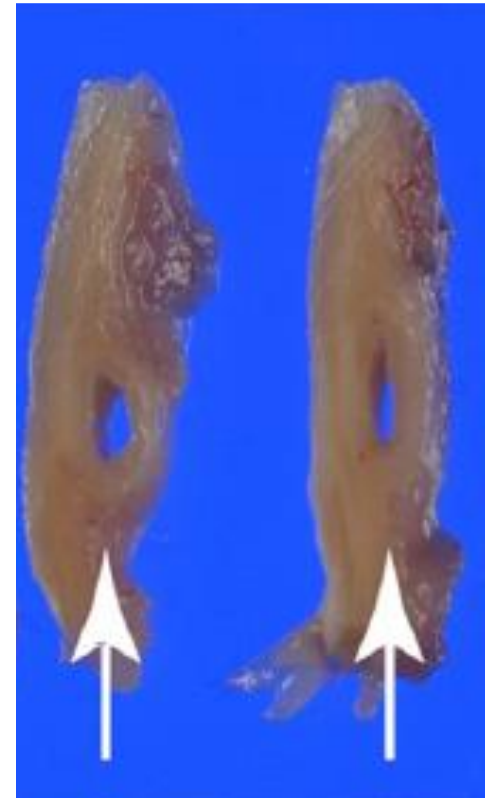
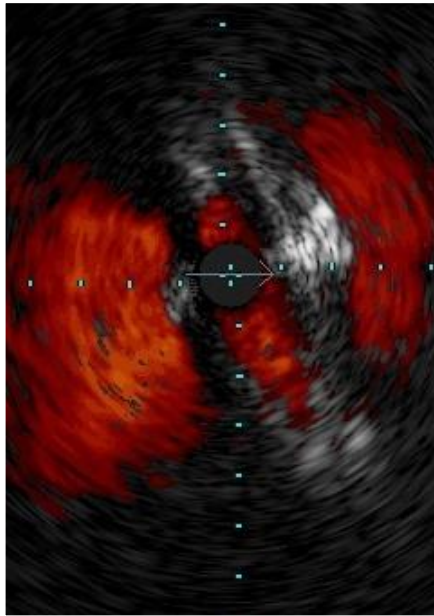
anomalous connection of the RCA with interarterial course

IVUS evaluation of R-ACAOS

juxtamural



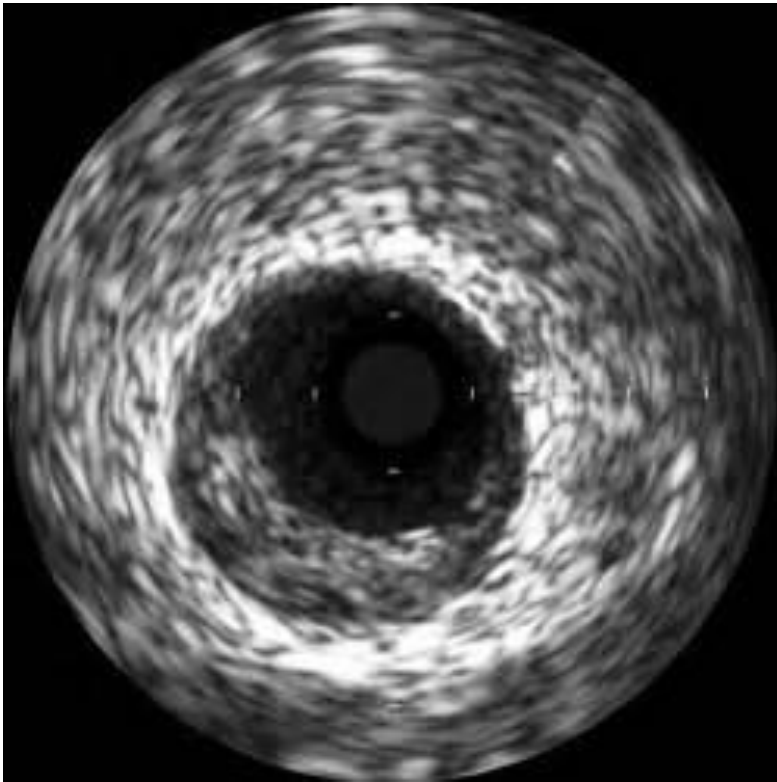
intramural



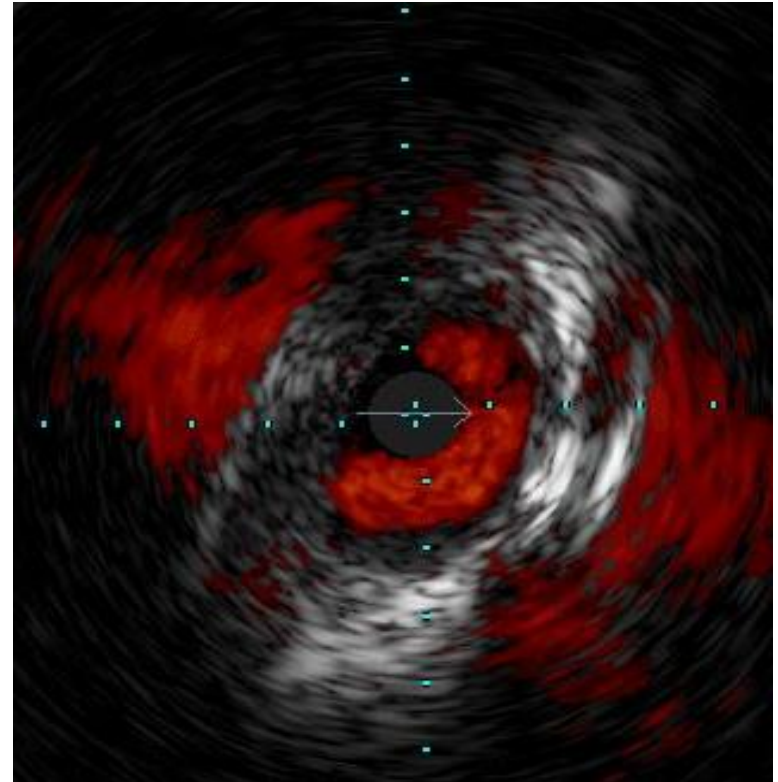
*R-ACAOS with intramural course
Hata Y et al. Cardiovasc Pathol 2014*

mechanism(s) of myocardial ischemia

CAD

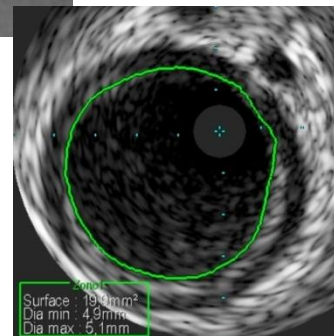
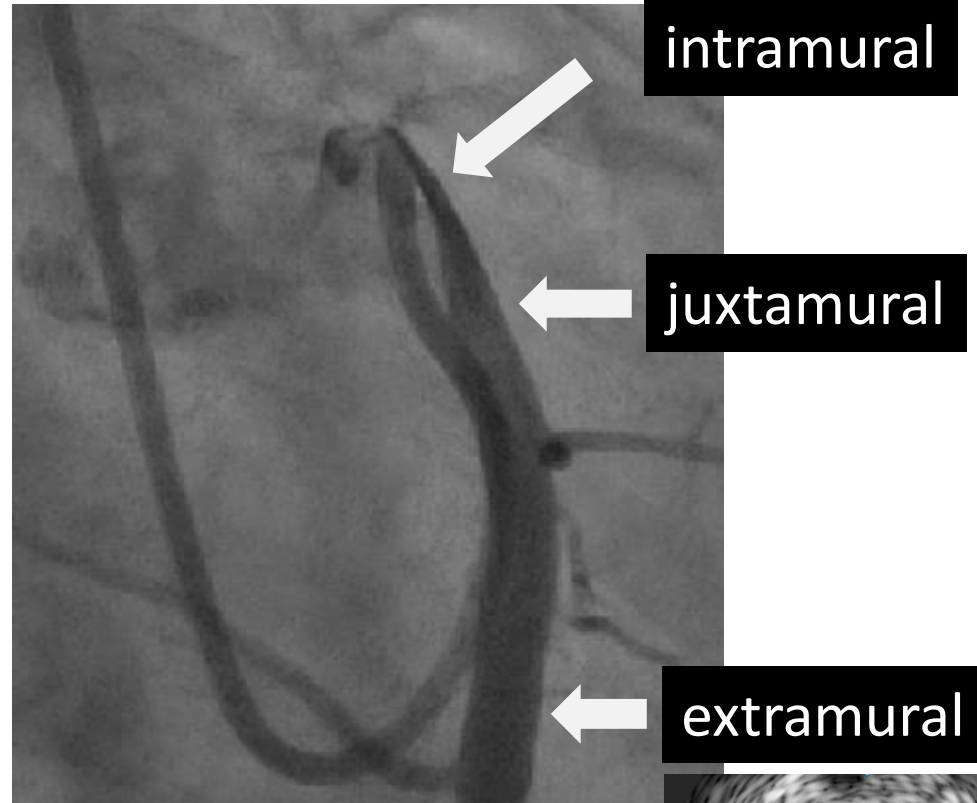
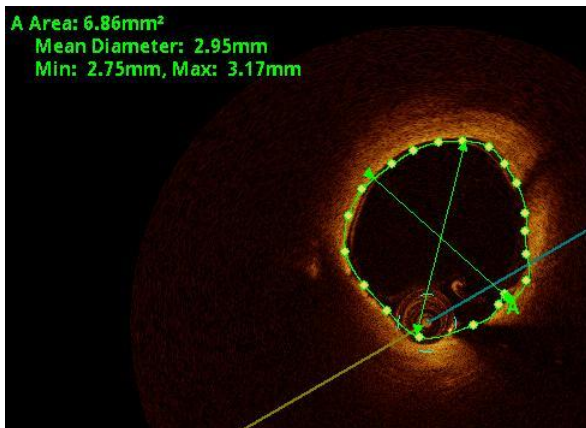
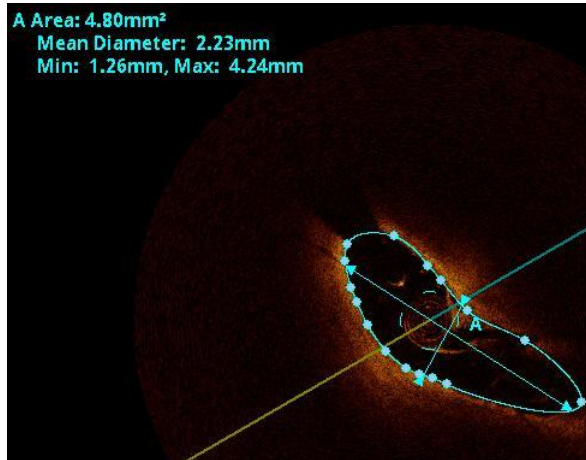


R-ACAOS



anomalous connection of the RCA with interarterial course

IVUS evaluation of R-ACAOS

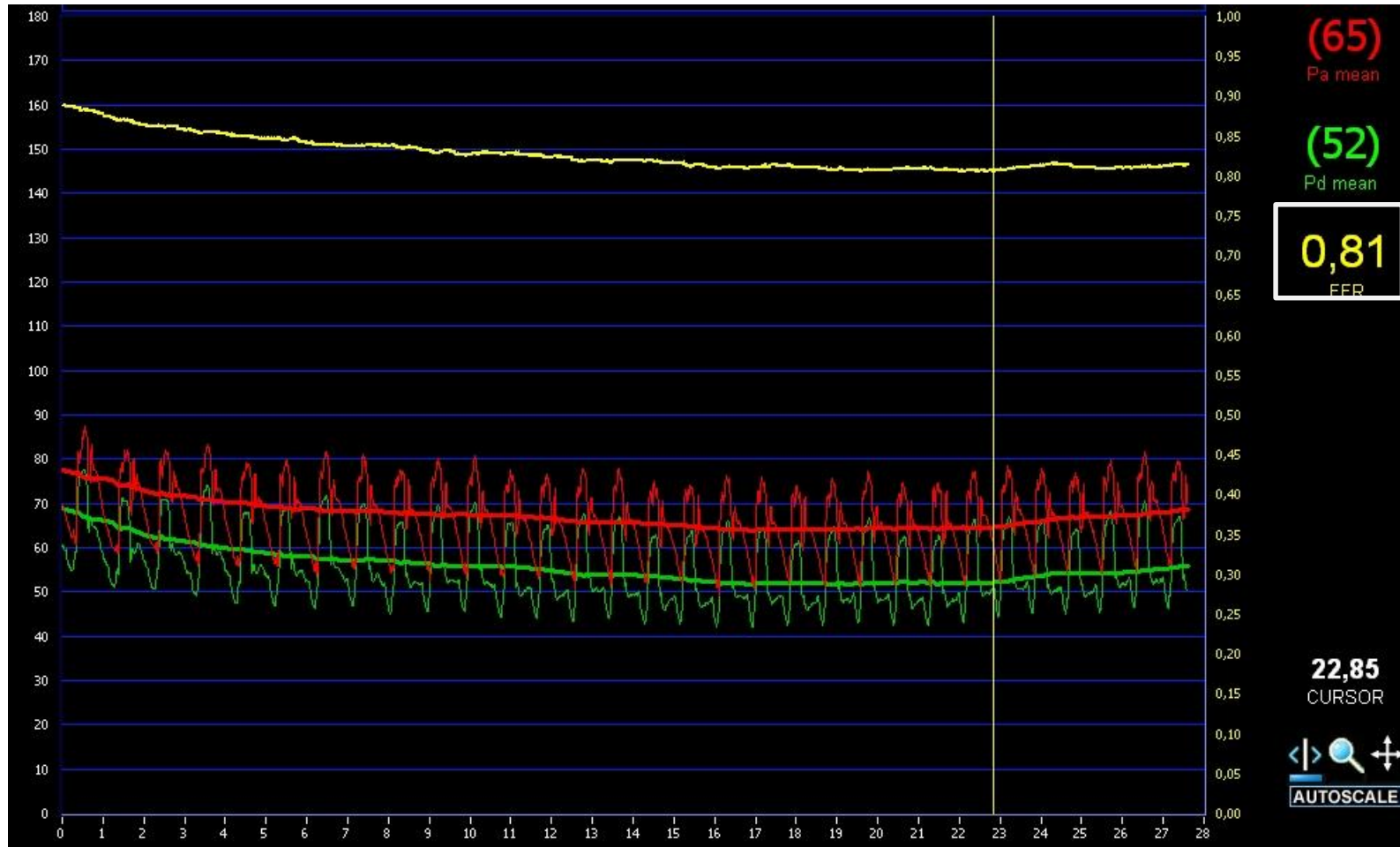


minimal lumen area: 4.8 mm²

lumen area reduction: 75%

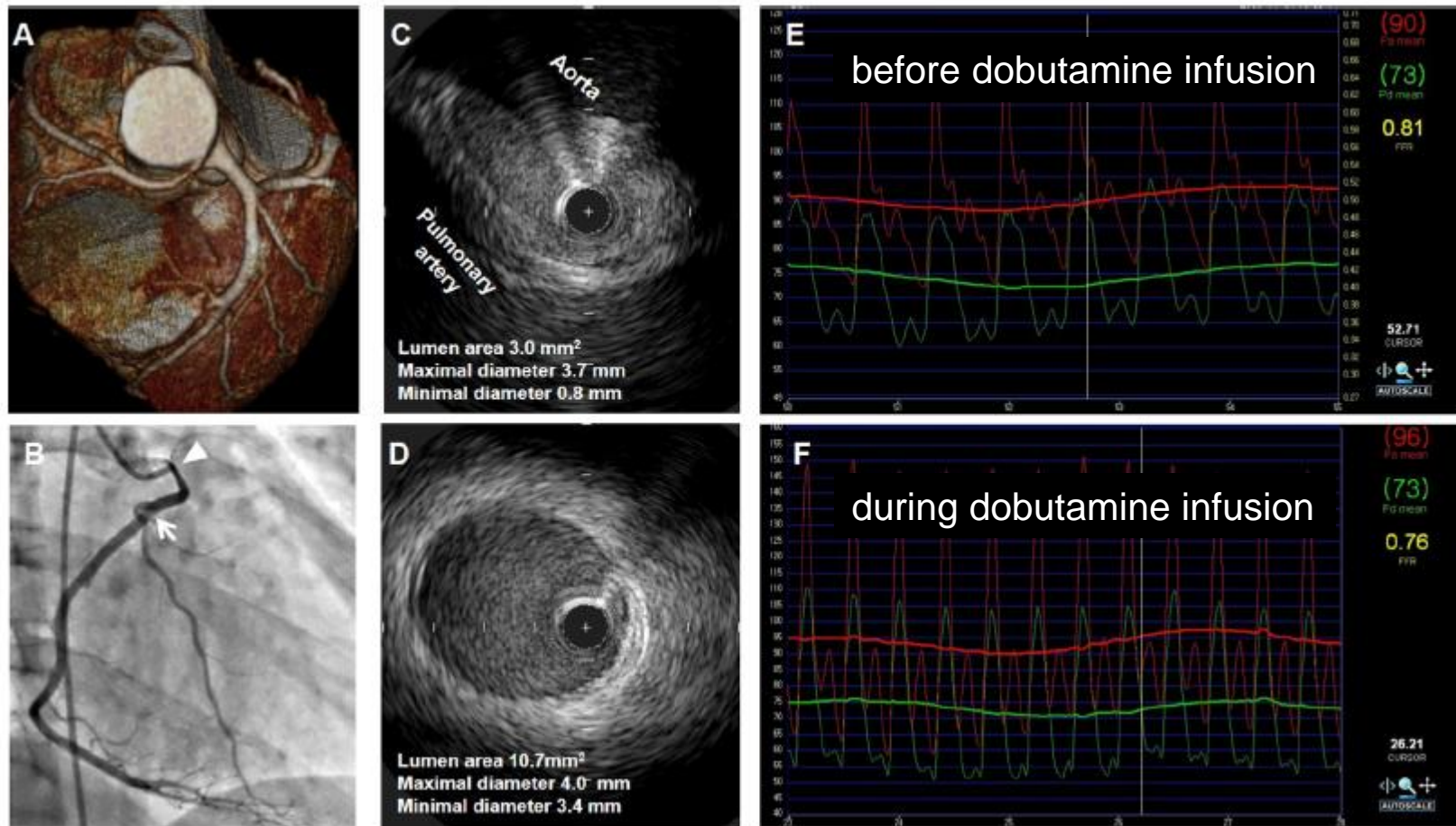
anomalous connection of the RCA with interarterial course

Fractional Flow Reserve (FFR)



Physiological and clinical relevance of anomalous right coronary artery originating from left sinus of Valsalva in adults

Sang Eun Lee,¹ Cheol Woong Yu,² Kyungil Park,³ Kyung Woo Park,¹ Jung-Won Suh,⁴ Young-Seok Cho,⁴ Tae-Jin Youn,⁴ In-Ho Chae,⁴ Dong-Ju Choi,⁴ Ho-Jun Jang,⁵



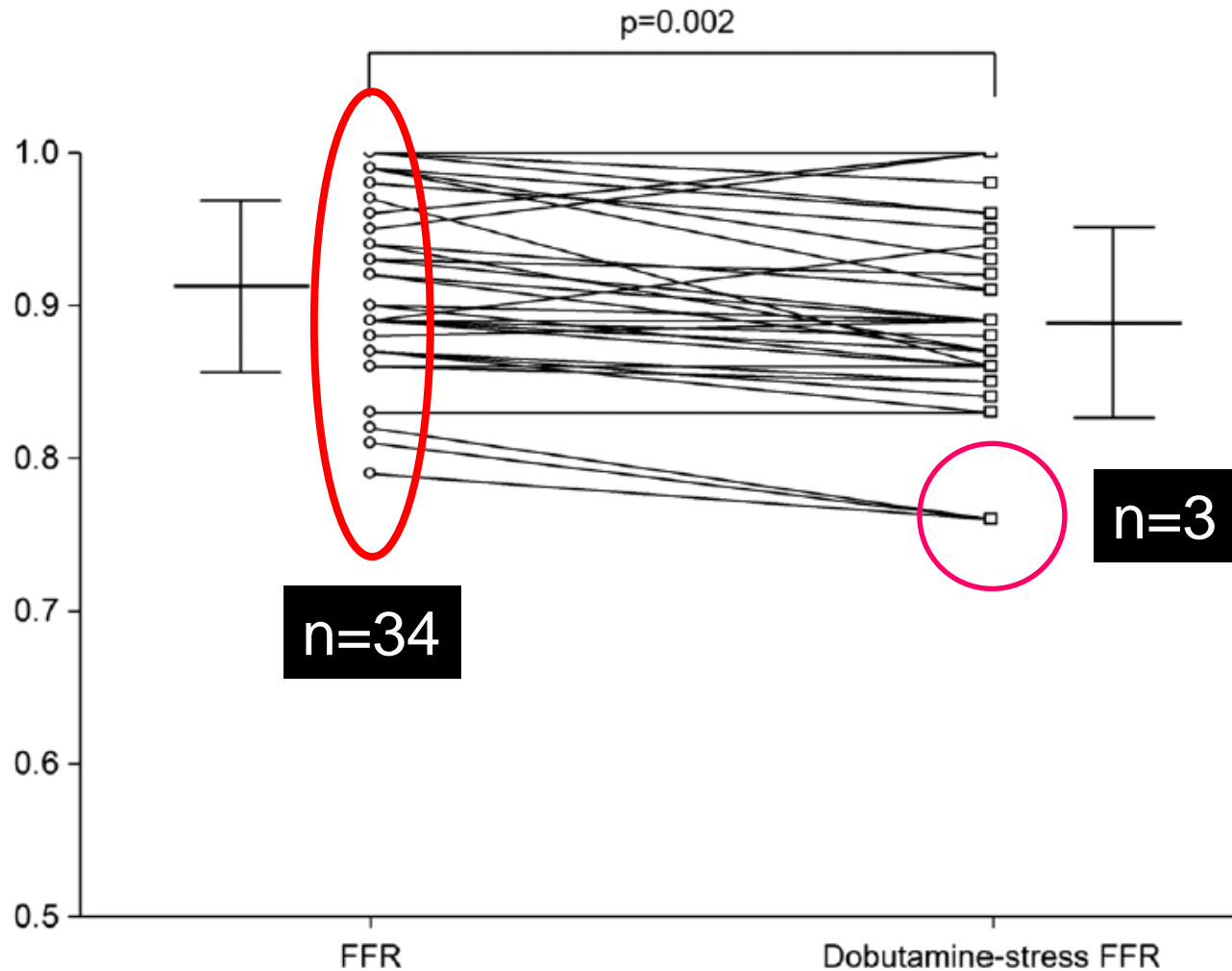
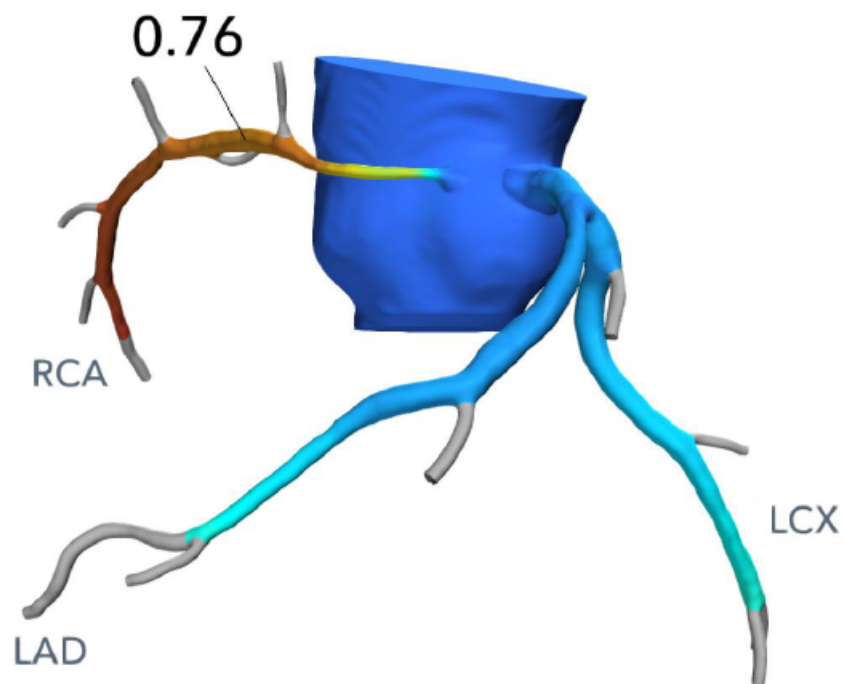
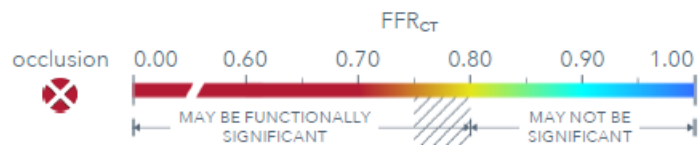


Figure 2 Changes in fractional flow reserve (FFR) with dobutamine infusion. p Value from Wilcoxon signed rank test.

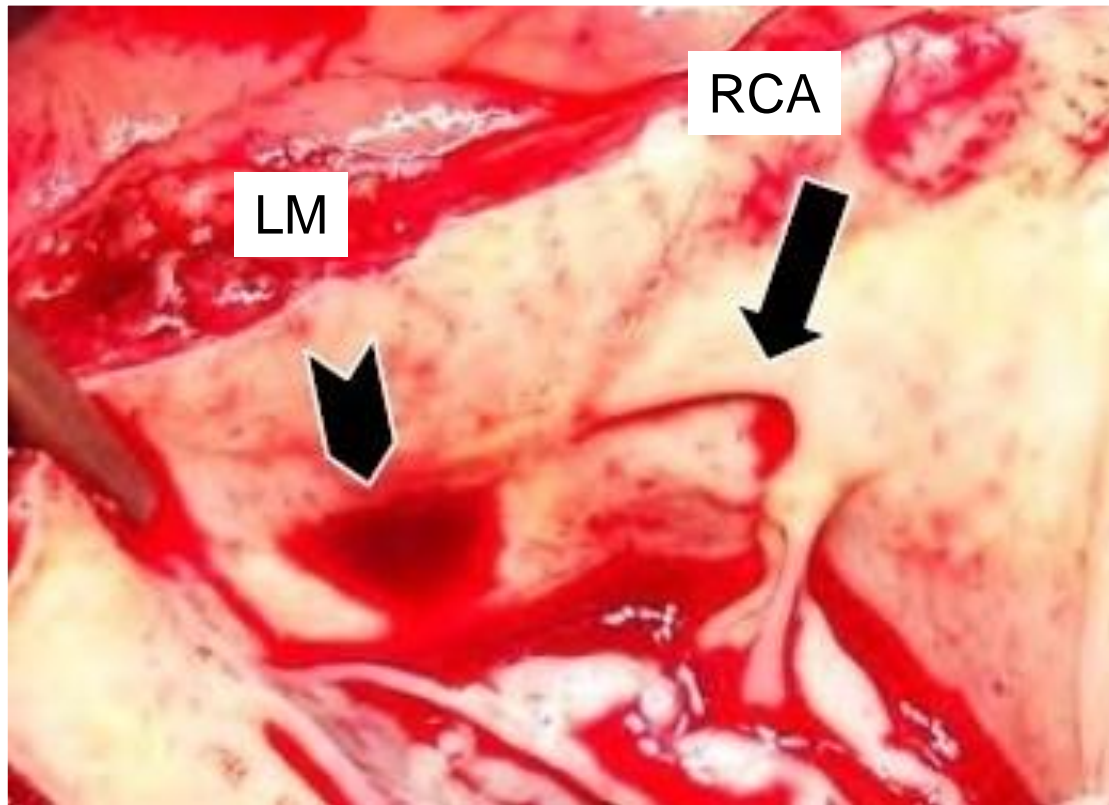
R-ACAOS



FFR_{CT} values are specified distal to modeled stenoses > 30%.



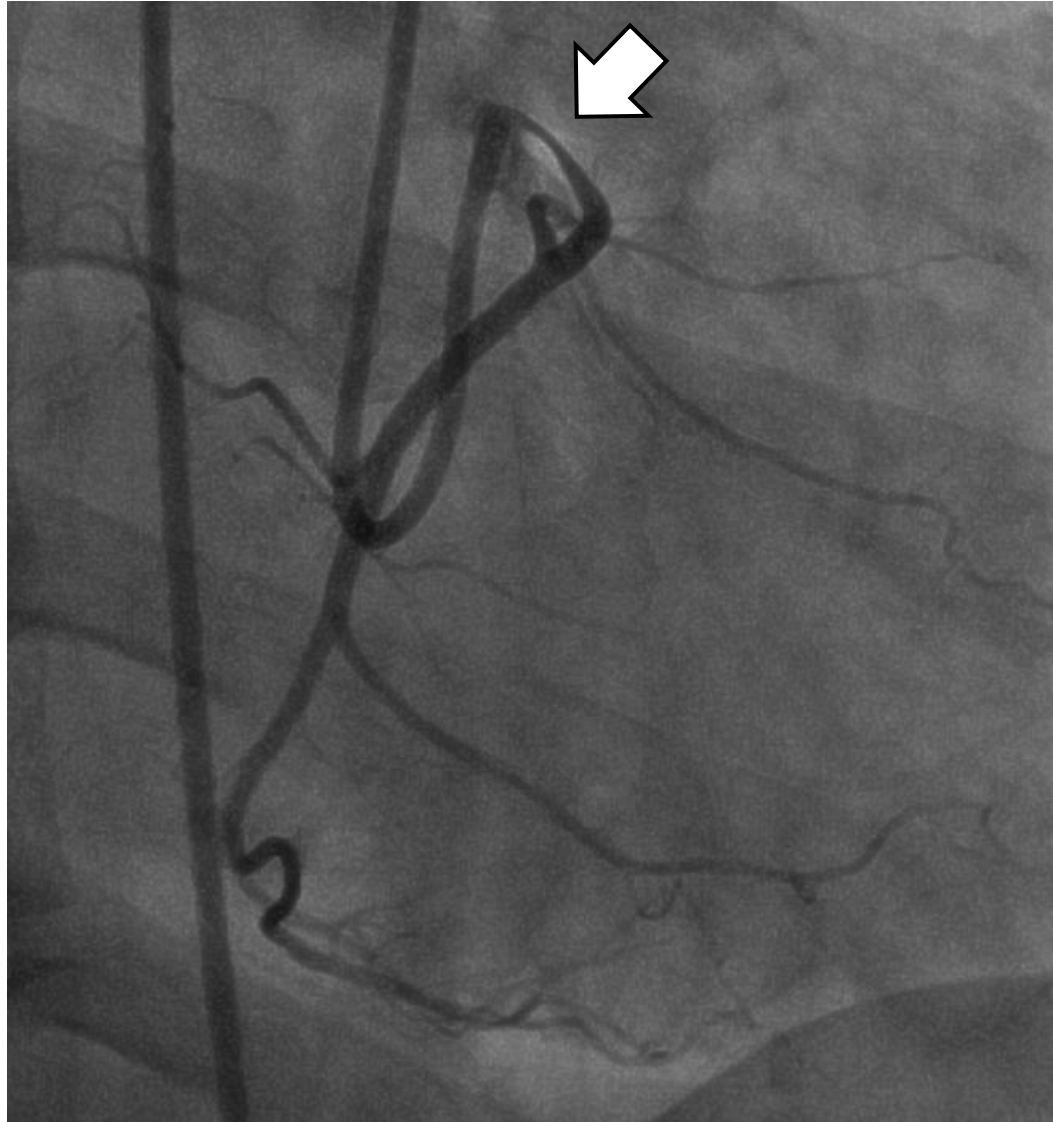
anomalous connection of the RCA



PCI in anomalous connections without CAD

- accurate diagnosis of the anomalous connection
- identification of abnormalities requiring correction
- place of PCI?

PCI in anomalous connections of the coronary arteries (ANOCOR)



right anomalous connection without CAD

anomalous connection of the RCA with interarterial course

CURRENT MANAGEMENT

ACC/AHA 2008 Guidelines for the Management of Adults With Congenital Heart Disease

8.5. Recommendations for Congenital Coronary Anomalies of Ectopic Arterial Origin

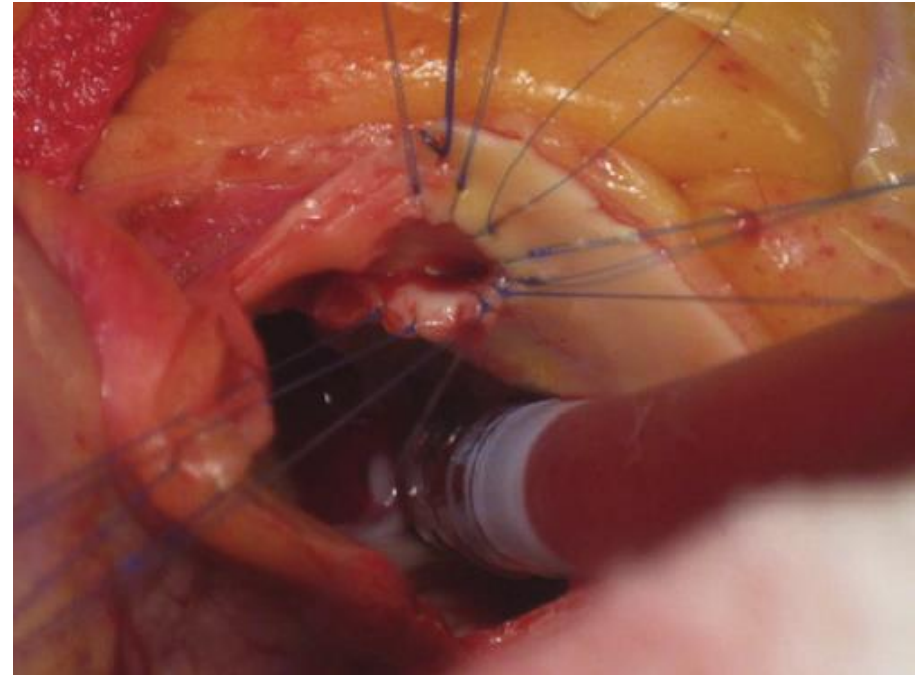
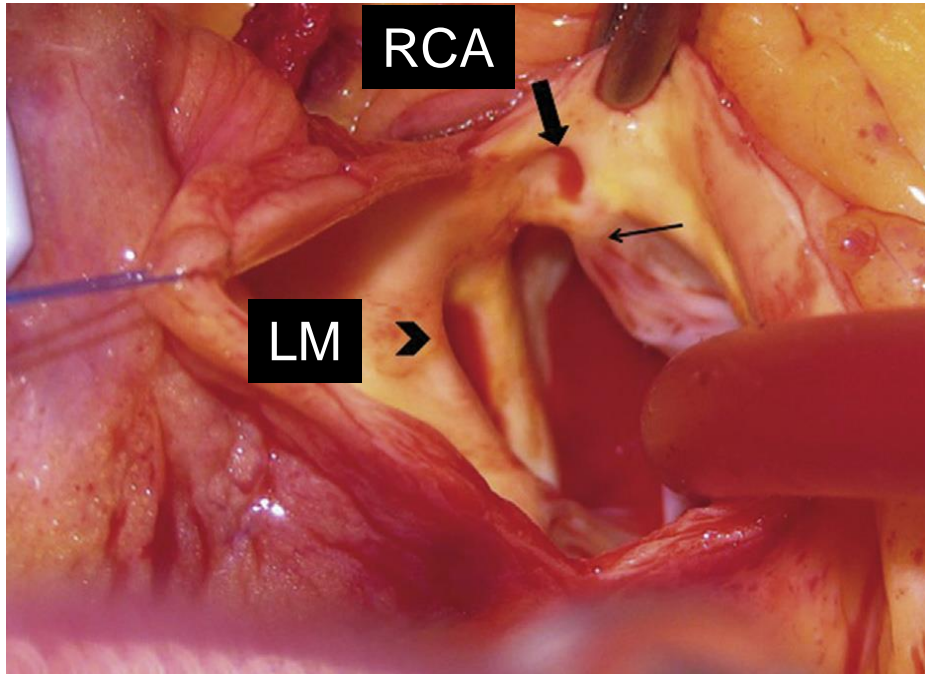
CLASS I

Circulation December 2, 2008

3. Surgical coronary revascularization should be performed in patients with any of the following indications:
 - a. Anomalous left main coronary artery coursing between the aorta and pulmonary artery. (*Level of Evidence: B*)
 - b. Documented coronary ischemia due to coronary compression (when coursing between the great arteries or in intramural fashion). (*Level of Evidence: B*)
 - c. Anomalous origin of the right coronary artery between aorta and pulmonary artery with evidence of ischemia. (*Level of Evidence: B*)

anomalous connection of the RCA with interarterial course

Unroofing with creation of neo-ostium



Feins EN et al. Ann Thorac Surg 2016

Weaknesses of surgical repair

- Guidelines focused on young people
- Very few patients with history of sudden death
- No randomized controlled studies
- Lack of long-term data after correction
- Possible failure (stenosis/aneurysm/thrombosis)

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<http://dx.doi.org/10.1016/j.jtcvs.2016.06.066>

Expert consensus guidelines: Anomalous aortic origin of a coronary artery



Julie A. Brothers, MD,^a Michele A. Frommelt, MD,^b Robert D. B. Jaquiss, MD,^c Robert J. Myerburg, MD,^d
Charles D. Fraser, Jr, MD,^e and James S. Tweddell, MD^f

Origin of the Right Coronary Artery from the Opposite Sinus of Valsalva in Adults: Characterization by Intravascular Ultrasonography at Baseline and After Stent Angioplasty

Paolo Angelini,^{1,2*} MD, Carlo Uribe,² MD, Jorge Monge,² MD, Jonathan M. Tobis,³ MD, MacArthur A. Elayda,⁴ MD, PhD, and James T. Willerson,¹ MD

- retrospective study with 42 ectopic RCA
- mean age 48 ± 12 years (12-73)
- PCI with IVUS guidance (BMS/Cypher/Taxus/Promus stents)
- indications for angioplasty:
 - symptoms/ischemia
 - or intensive sport practice
 - or IVUS surface reduction $>50\%$
- angiographic success (100%)
- no in-hospital MACE
- angiographic restenosis (4/42)

PCI in anomalous connections of the coronary arteries (ANOCOR)

ANOCOR stenting registry (2015)

multidisciplinary team

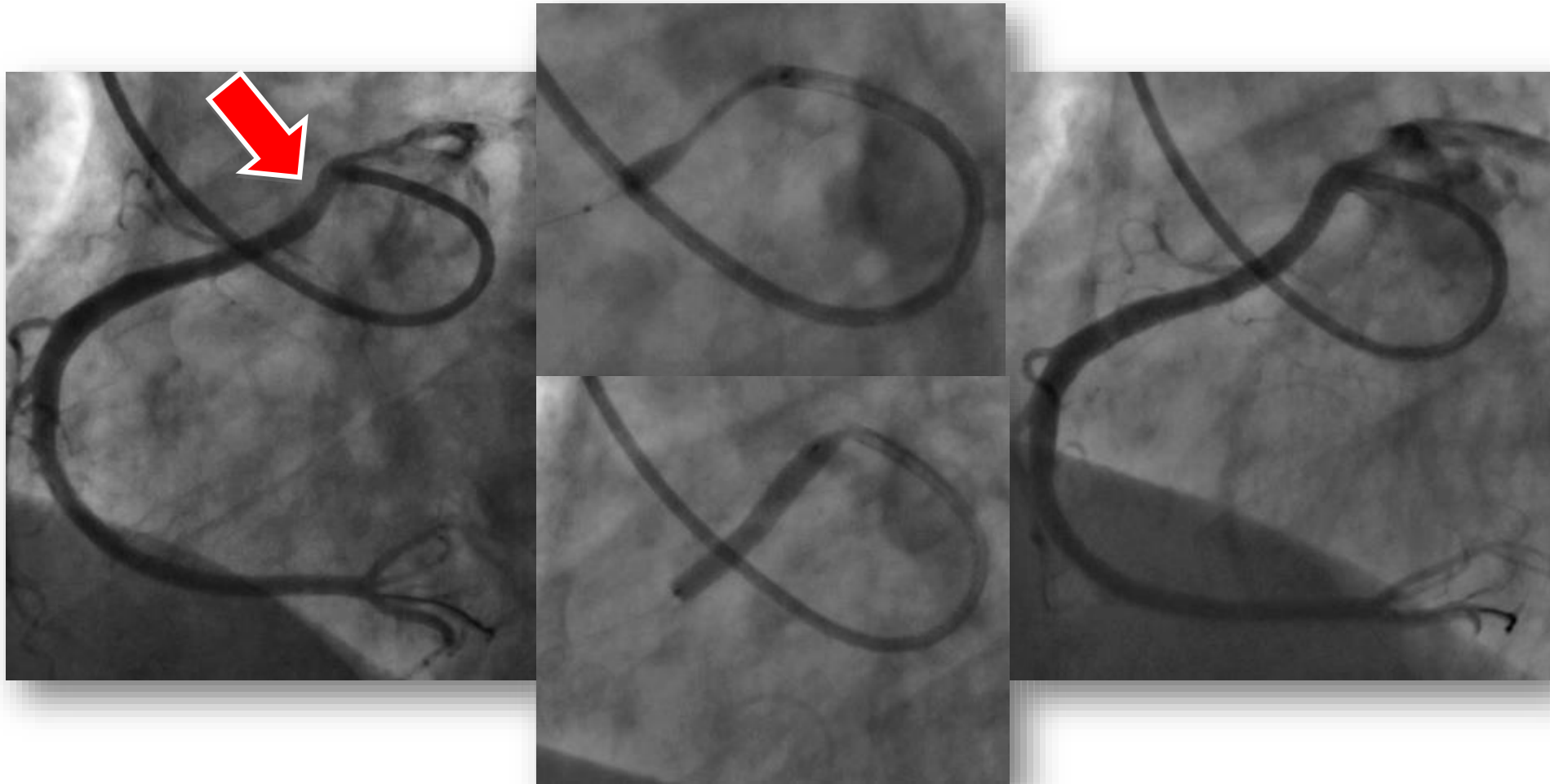


selected population

- right anomalous connection
- age >35 year-old
- no history of aborted sudden death
- angina and/or documented ischemia
- pre aortic course with/without intramural pathway
- no significant CAD associated

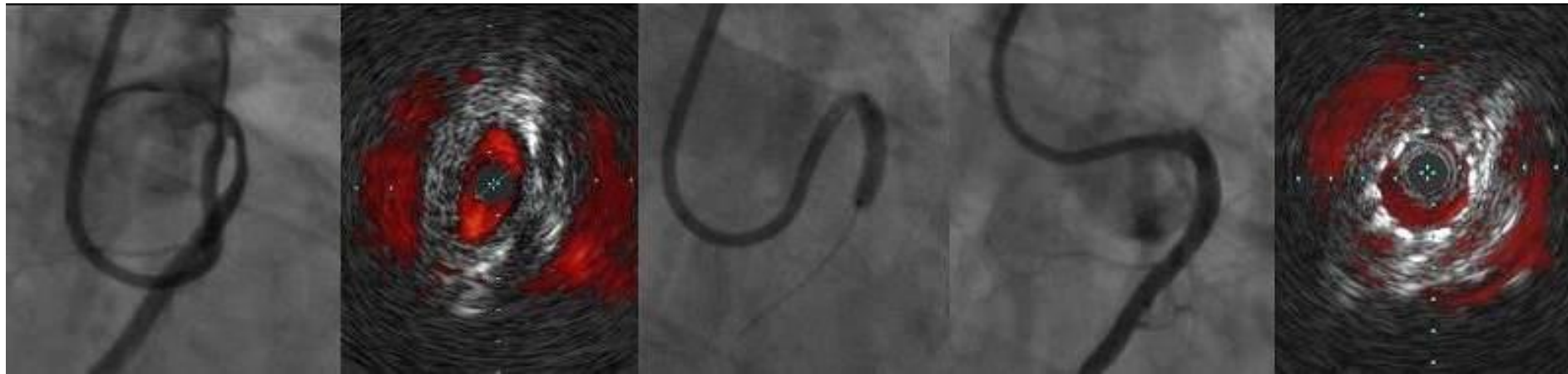
PCI in anomalous connections of the coronary arteries (ANOCOR)

stenting of ectopic right coronary artery

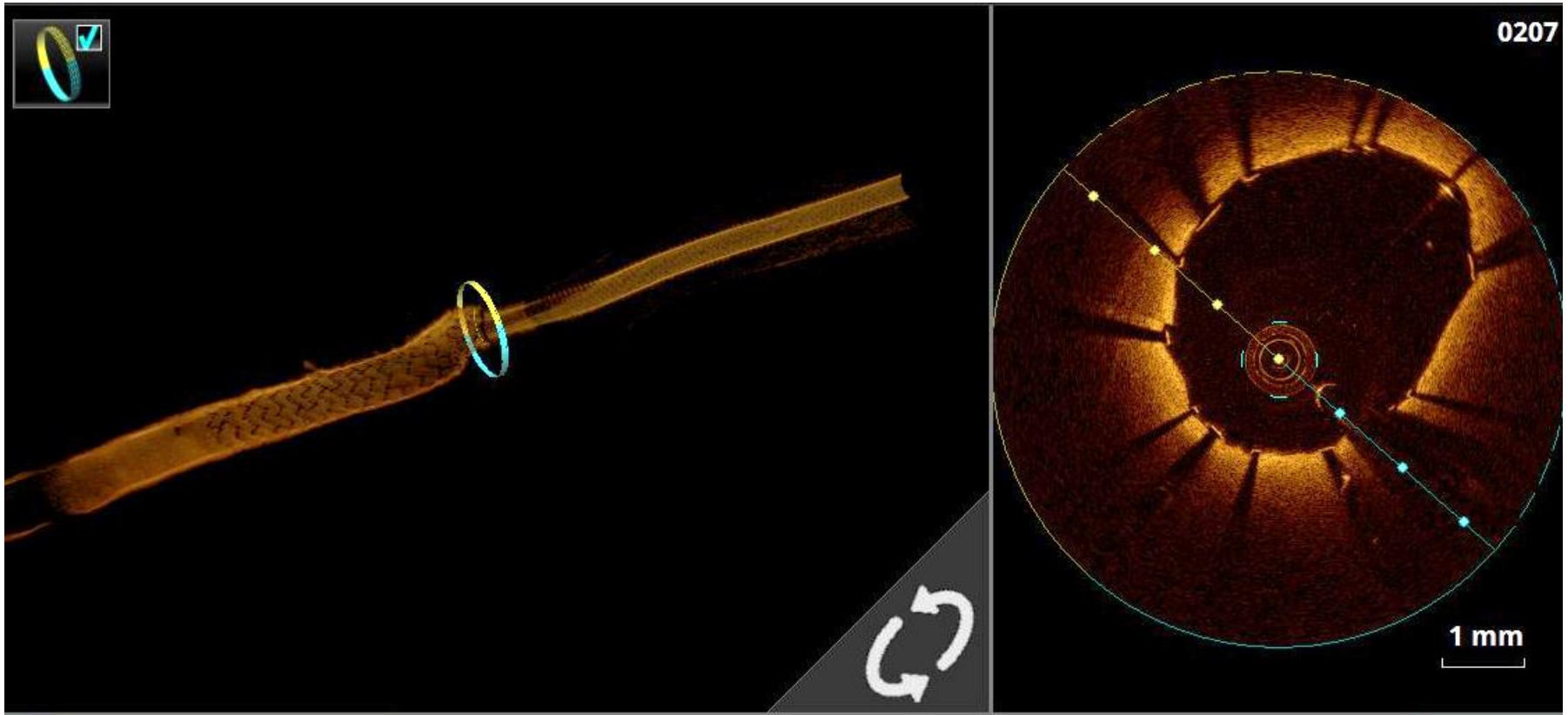


PCI in anomalous connections of the coronary arteries (ANOCOR)

stenting of ectopic right coronary artery



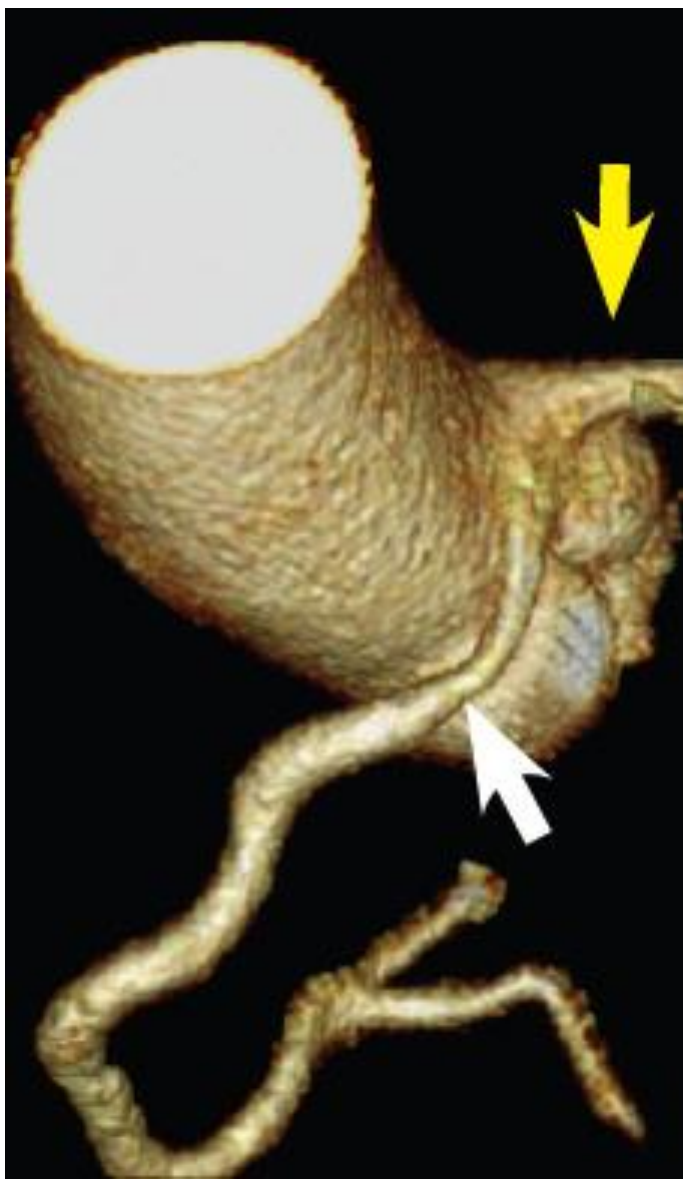
OCT evaluation of R-ACAOS stenting



PCI in anomalous connections of the coronary arteries (ANOCOR)

CT scan at 6 months





anomalous connection of the RCA with interarterial course

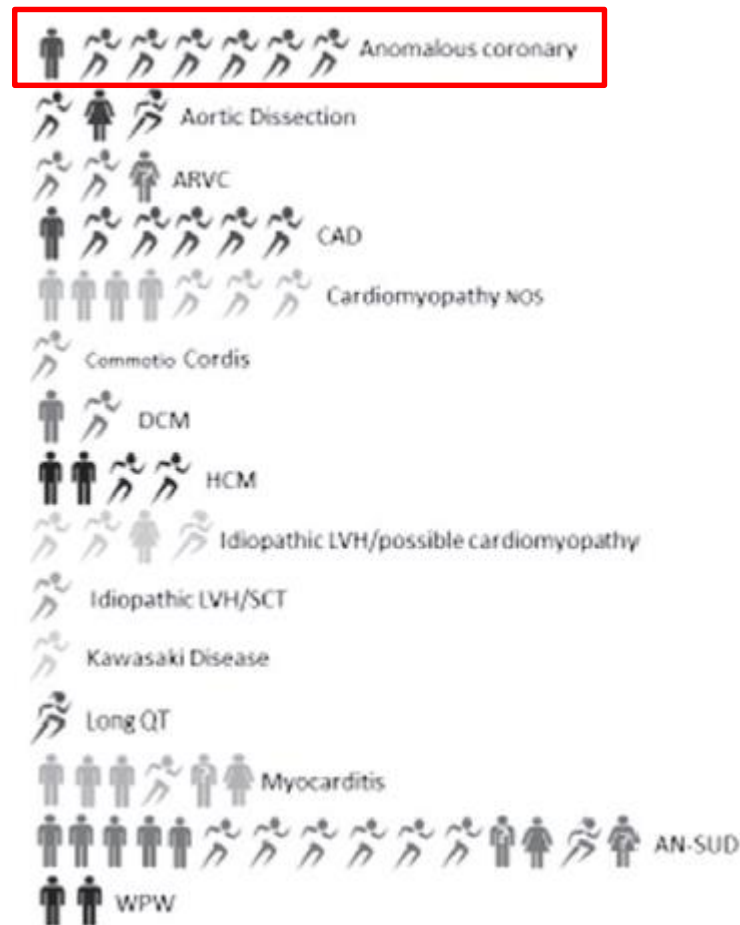
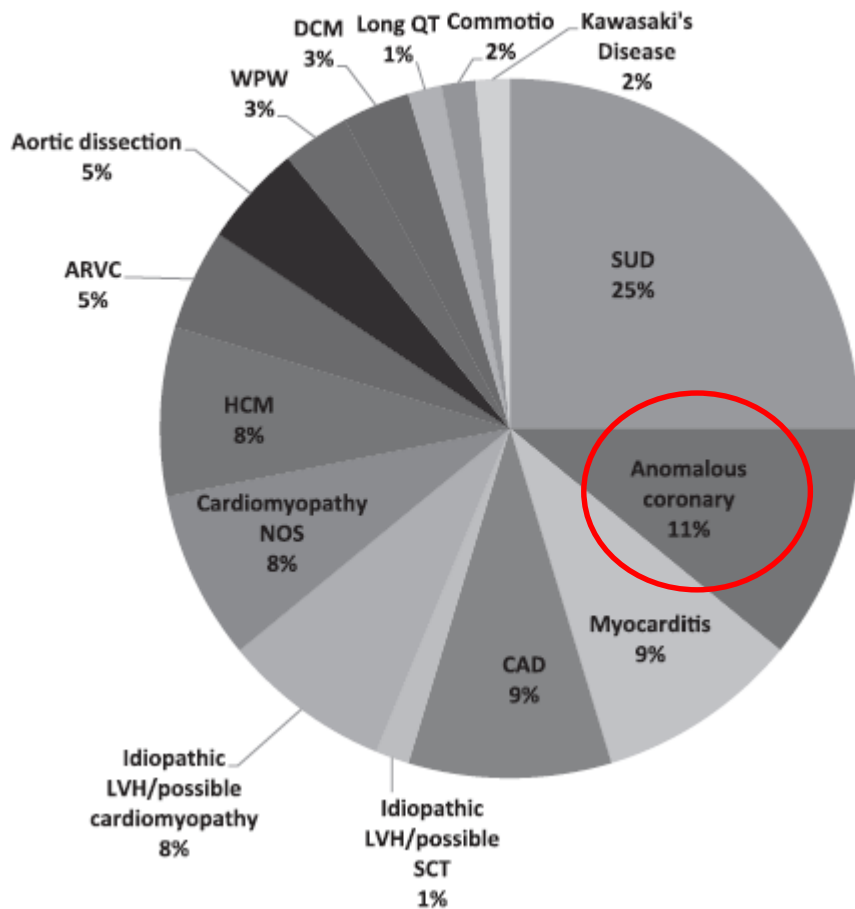
How to manage?

- Age <35 or ≥ 35 year-old
- History of aborted cardiac arrest
- Symptoms / relation with exertion
- Non invasive documented myocardial ischemia
- Anatomic features (CT/angio/IVUS)
- FFR (invasive / non-invasive)
- Competitive activities

Surgery/PCI/observation/exercise restriction

Incidence, Cause, and Comparative Frequency of Sudden Cardiac Death in National Collegiate Athletic Association Athletes

A Decade in Review



**Pre-participation cardiovascular
evaluation for athletic participants
to prevent sudden death: Position
paper from the EHRA and the
EACPR, branches of the ESC.
Endorsed by APHRS, HRS, and
SOLAECE**

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Coronary congenital abnormalities

PRE-PARTICIPATION CARDIOVASCULAR EVALUATION

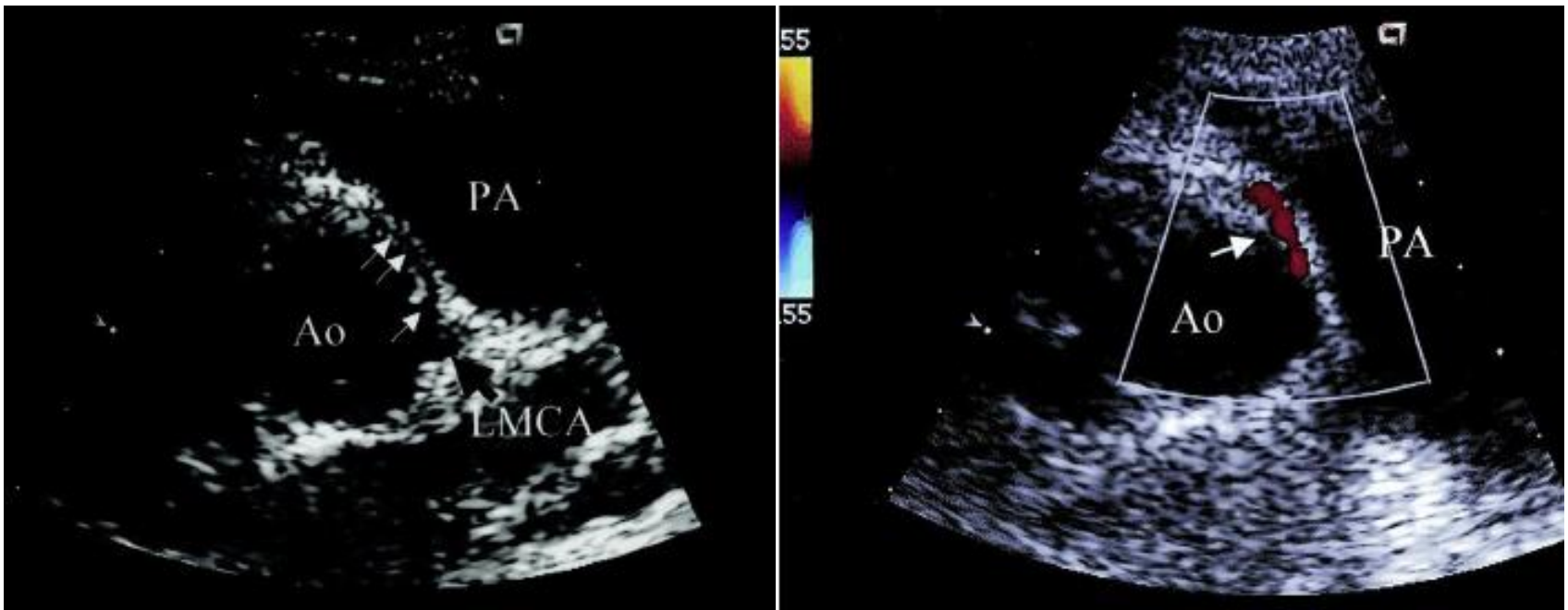


- History
- Physical examination

- History
- Physical examination
- ECG

anomalous connection of the RCA with interarterial course

R-ACAOS (transthoracic echocardiography)



PRE-PARTICIPATION CARDIOVASCULAR EVALUATION

Cost-efficacy of pre-participation evaluation

Table 4 Studies assessing cost-efficacy of PPE

Study	Target population	Cost/life-year	Cost/life saved	Comments
Fuller (2000) ¹⁷²	High School Athletes	H&P \$84 000 ECG: \$44 000	N/R	Screened once at study entry
Maron <i>et al.</i> (2007) ¹⁷³	High school and middle school athletes	N/R	\$3 400 000	Approximate estimation in a non-dedicated paper
Wheeler <i>et al.</i> (2010) ¹⁷⁴	High school and college athletes (14–22 years)	H&P: 199 000\$ H&P&ECG: \$76 100	N/R	Screened once at study entry
Halkin <i>et al.</i> (2012) ¹⁷¹	Registered high school, college, and professional participants	N/R	\$10 600 000–\$14 400 000	Annual screening
Leslie <i>et al.</i> (2012) ¹⁷⁵	High school (≥ 14 years) freshmen participating in organized sports.	\$91 000	N/R	Screened once at study entry
Schoenbaum <i>et al.</i> (2012) ¹⁷⁶	Athletes ≥ 14 years	Adding ECG to H&P: +\$68 000	\$900 000	
Corrado <i>et al.</i> (2013) ¹⁷⁷	Young (12–35 yo) athletes	~\$67 000	~\$1 350 000	Approximate estimation in a non-dedicated paper
Assanelli <i>et al.</i> (2015) ¹⁷⁸	European and Algerian athletes seeking a sports medical certificate	Europe: 4071 \$PPP Algeria: 582 \$PPP	N/R	Estimation on prospectively collected data

All costs in US dollars or purchasing-power-parity-adjusted US dollars.
N/R, Not reported.

AHA/ACC SCIENTIFIC STATEMENT

Eligibility and Disqualification Recommendations for Competitive Athletes With Cardiovascular Abnormalities: Task Force 4: Congenital Heart Disease



A Scientific Statement From the American Heart Association and American College of Cardiology

George F. Van Hare, MD, FACC,
*Chair**

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2. Athletes with an anomalous origin of a right coronary artery from the left sinus of Valsalva should be evaluated by an exercise stress test. For those without either symptoms or a positive exercise stress test, permission to compete can be considered after adequate counseling of the athlete and/or the athlete's parents (in the case of a minor) as to risk and benefit, taking into consideration the uncertainty of accuracy of a negative stress test (*Class IIa; Level of Evidence C*).

R-ACAOS

- Prevalence in general population: **0.3%**
- Presence of interarterial course: **90%**
- Association with sudden cardiac death: **yes**
- Risk of sudden cardiac death: **0.005%/year**
- Vulnerability periods: **<35 year-old and sport**
- Mechanism of sudden cardiac death: **ventricular fibrillation**
- Mechanism(s) of ventricular fibrillation: ?
- Primary prevention of sudden cardiac death: ?
- Place of screening in athletes: ?
- Ischemia/symptoms in patients >35 year-old: **possible**
- Management of patients >35 year-old: ?
- Place of PCI: ?

Thank you
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